

# ***“Coronavirus, Homeopathy and Pneumonia”***

**Centre for Homeopathic Education**

**London, UK., February 25, 2020**

**taught by Robin Murphy, ND**

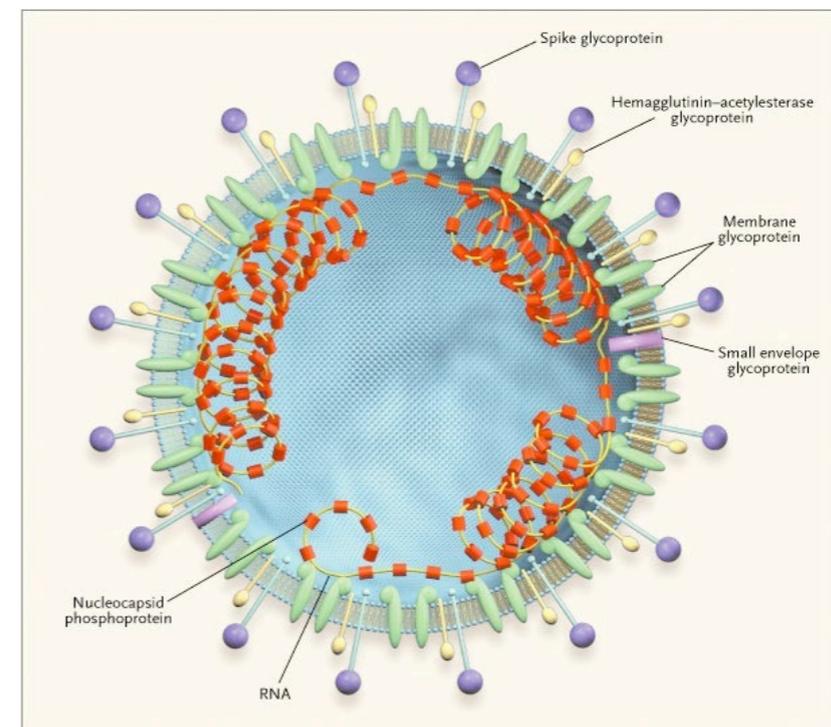
## **Welcome Everybody!**

***“May Your Vital Force be Healthy, Happy and Strong”***

### **Seminar Topics**

- 1. Homeopathic Medicine and Epidemics**
- 2. Novel Coronavirus Info and Updates**
- 3. Novel Coronavirus Signs and Symptoms**
- 4. Novel Coronavirus and Pneumonia**
- 5. Homeopathic Case Taking for Pneumonia**
- 6. Homeopathic Remedies for Pneumonia**
- 7. Homeopathic Repertory for Pneumonia**
- 8. Natural Remedies for Pneumonia**

### **The Coronavirus, Covid-19**



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# General Disclaimer

**Medical and historical information or statements made within this webinar are not intended to be a substitute for the diagnosis and/or treatment of any health or physical disease or condition. The content made available through this webinar is not intended to replace the services or treatment of any physicians or a health care professionals.**

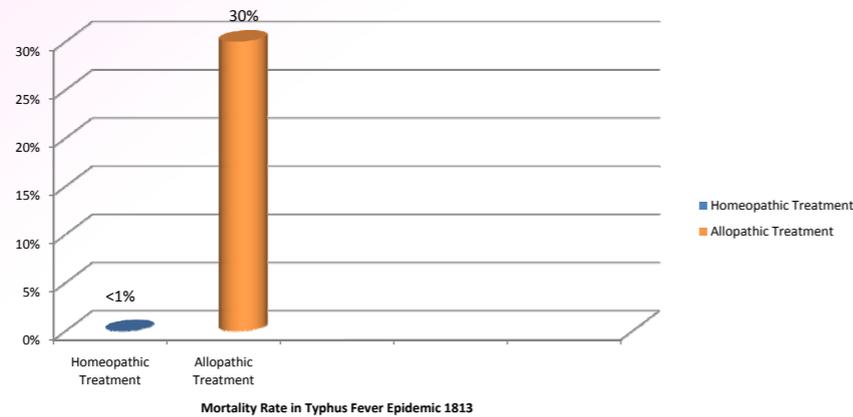
**The information made available through this webinar is for historical and education purposes only. Medical history reveals that homeopathy has successfully treated: Colds, Influenza, Bronchitis and Pneumonia for over 200 years.**

**HOMEOPATHIC  
MEDICINE**

# 1. Homeopathic Medicine and Epidemics

## Mortality Rates: Homeopathy and Conventional Medicine

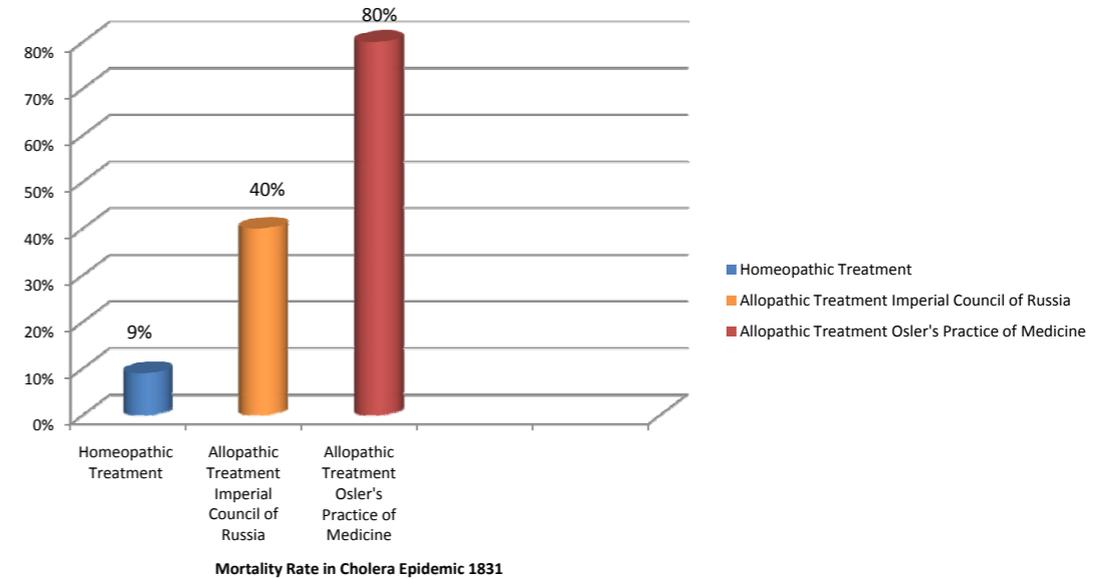
### Typhus Fever 1813



The 1813 typhus epidemic followed in the wake of Napoleon's march through Germany to attack Russia – followed by his calamitous retreat. When the epidemic hit Leipzig, Hahnemann treated 180 people and lost only 2 (less than 1%) – Allopathic mortality rates were >30%

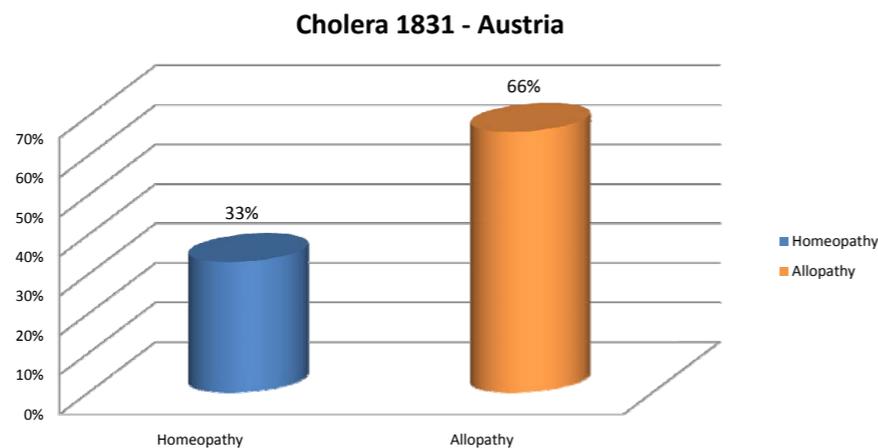
Prompt treatment of the disease with antibiotics reduces the mortality rate to approximately 1%. When untreated, typhoid fever usually lasts for three weeks to a month. Death occurs in between 10% and 30% of untreated cases.

### Cholera Epidemic 1831



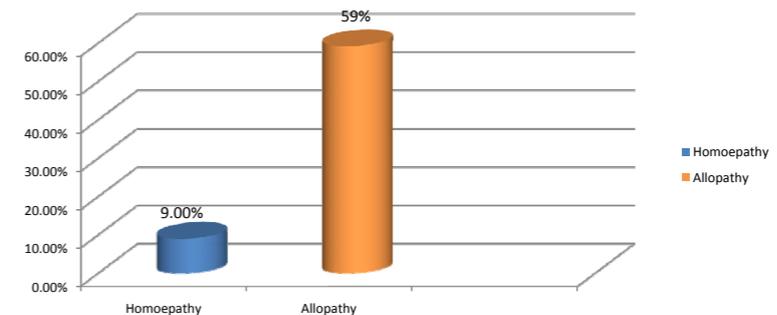
Dr Quin reported that the death in 10 homeopathic hospitals were 9% Deaths under homeopathic treatment in Russia were <10% (Admiral Mordoinow) Deaths under homeopathic care in Bavaria (Dr Roth reported) 7%

### Cholera Epidemic 1831 Austria



These figures were reported by Dr Wild – an allopathic physician - in the Dublin Quarterly Journal and "on account of this extraordinary result, the law interdicting the practice of homeopathy in Austria was repealed"

### Cholera Epidemic 1854 - London

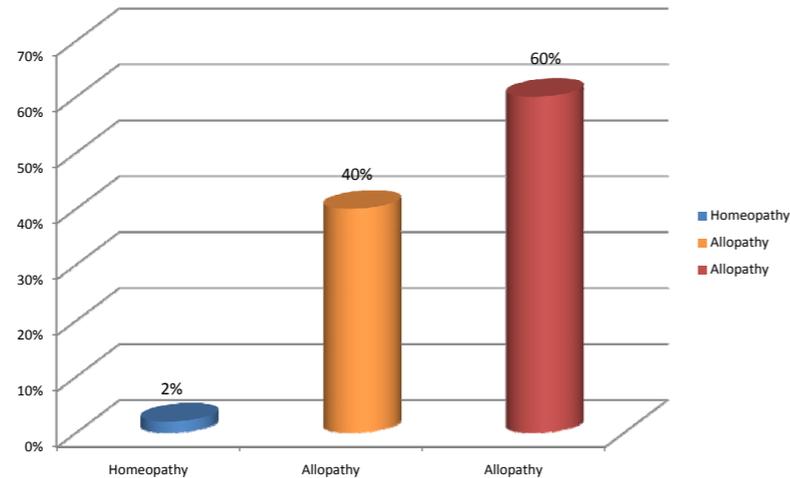


Historically important epidemic - it was the first time a disease outbreak was traced to a particular source – in this case a public water pump. The pump was closed & epidemic ceased. All in all 10,738 people died. The House of Commons requested a report regarding the various methods of treating the epidemic. When the report was issued, no homeopathic figures were included. The House of Lords requested an explanation, and it was admitted that if the homeopathic figures were to be included in the report, it would "skew the results" so it was suppressed. Upon examination, the buried report revealed that under allopathic care the mortality was 59.2% while under homeopathic care mortality was only 9%.

# 1. Homeopathic Medicine and Epidemics

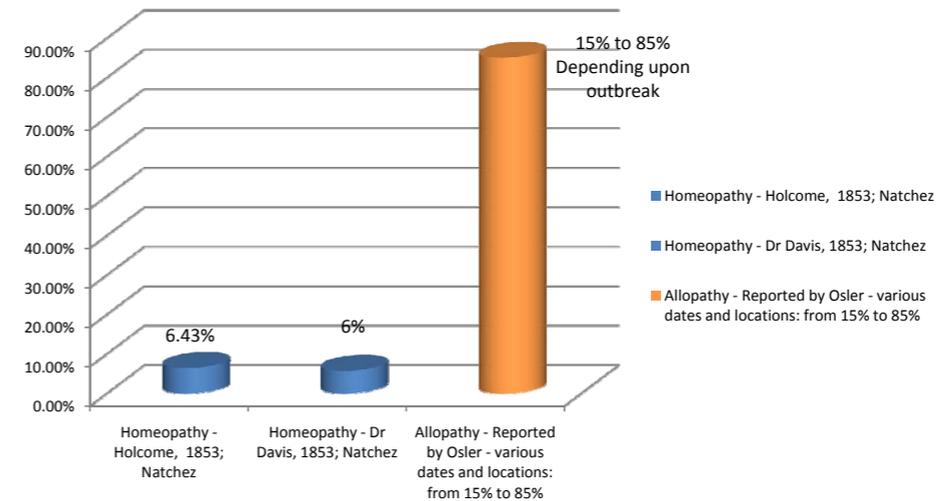
## Mortality Rates: Homeopathy and Conventional Medicine

### Cholera Epidemic 1855 - Rio



388 cases were treated with homeopathy with a 2% death rate, while the allopathic infirmary had a 40-60% death rate. In 1878, Saturnino de Meirelles and others re-created the old Instituto Homeopatico do Brasil and in 1880, they changed the name to Instituto Hahnemanniano do Brazil, which still exists. Homeopathy appears to be thriving in Brazil and is an important part of national health care initiatives.

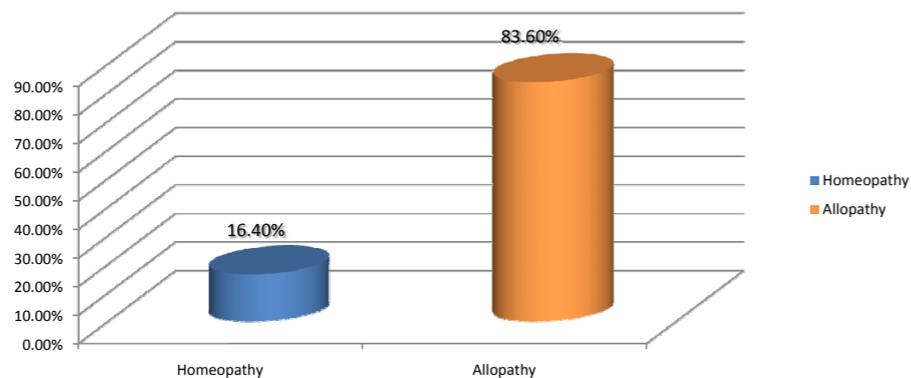
### Yellow Fever Epidemic



### Memphis, Tennessee: 1878

The worst yellow fever epidemic in U.S. history occurred in 1878, with over 5,000 deaths in Memphis alone and 20,000 deaths in the whole of the Mississippi Valley. Various yellow fever epidemics raged throughout the Deep South throughout the mid to late 19<sup>th</sup> century.

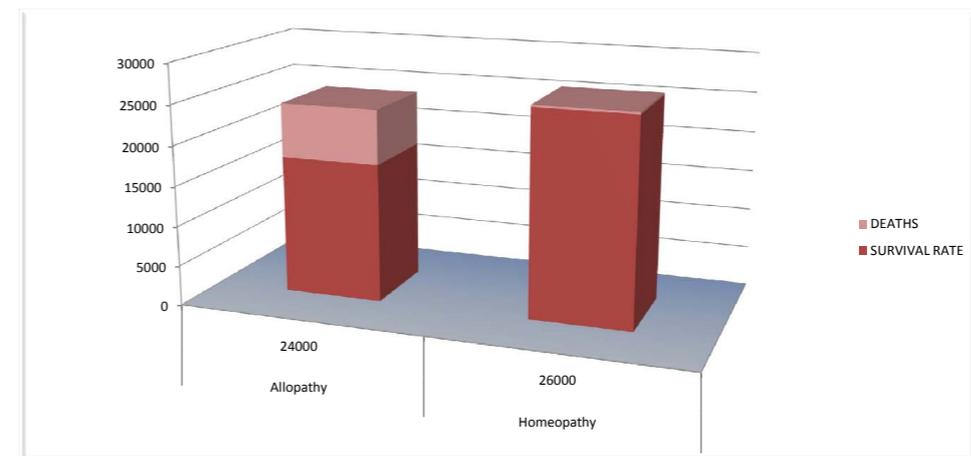
### Diphtheria – 1862 - 1864



In the records of three years of Diphtheria in Broome County, NY from 1862 to 1864, there was a report of an 83.6% mortality rate among the allopaths and a 16.4% mortality rate among the homeopaths. (Bradford)

Diphtheria was difficult to treat as despite its periodicity, it rarely had the same presentation. Practitioners needed to be able to quickly prescribe on an individual by individual basis. Occasionally, the disease would throw up particularly definite symptoms thus enabling the practitioner to prescribe a genus epidemicus.

### Spanish Flu 1918



Dr. T A McCann, from Dayton, Ohio reported that 24,000 cases of flu treated allopathically had a mortality rate of 28.2% while 26,000 cases of flu treated homoeopathically had a mortality rate of 1.05%.

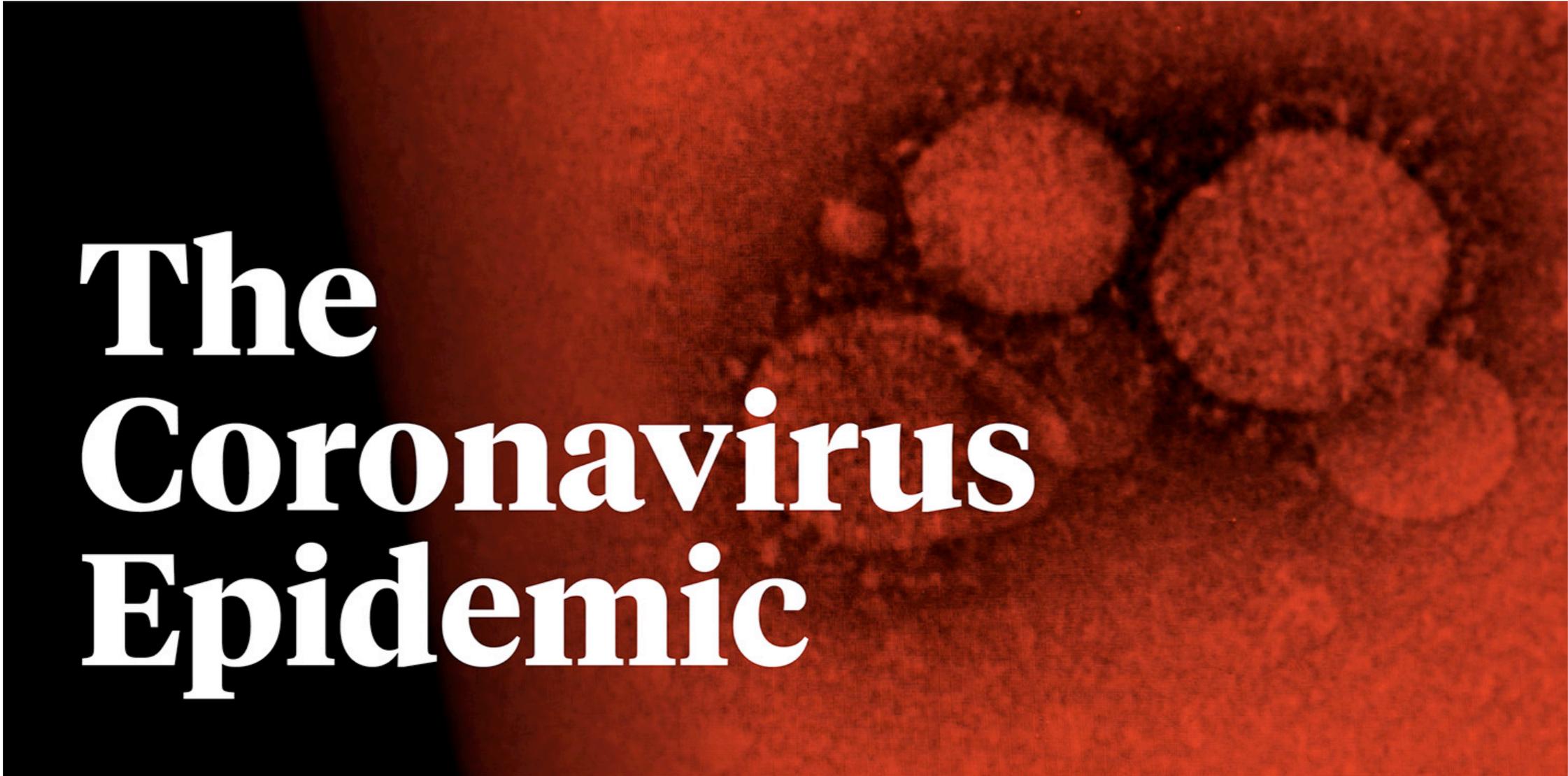
This last figure was echoed and endorsed by Dr Dean W.A. Pearson of Philadelphia (Hahnemann College) who recorded 26,795 cases of flu treated with homeopathy with the above result.

## 2. Novel Coronavirus Info and Updates



## 2. Novel Coronavirus Info and Updates

# The Coronavirus Epidemic

A large, dark red, textured background image showing several spherical coronavirus particles with distinct surface spikes, resembling a crown. The particles are set against a dark, grainy background.

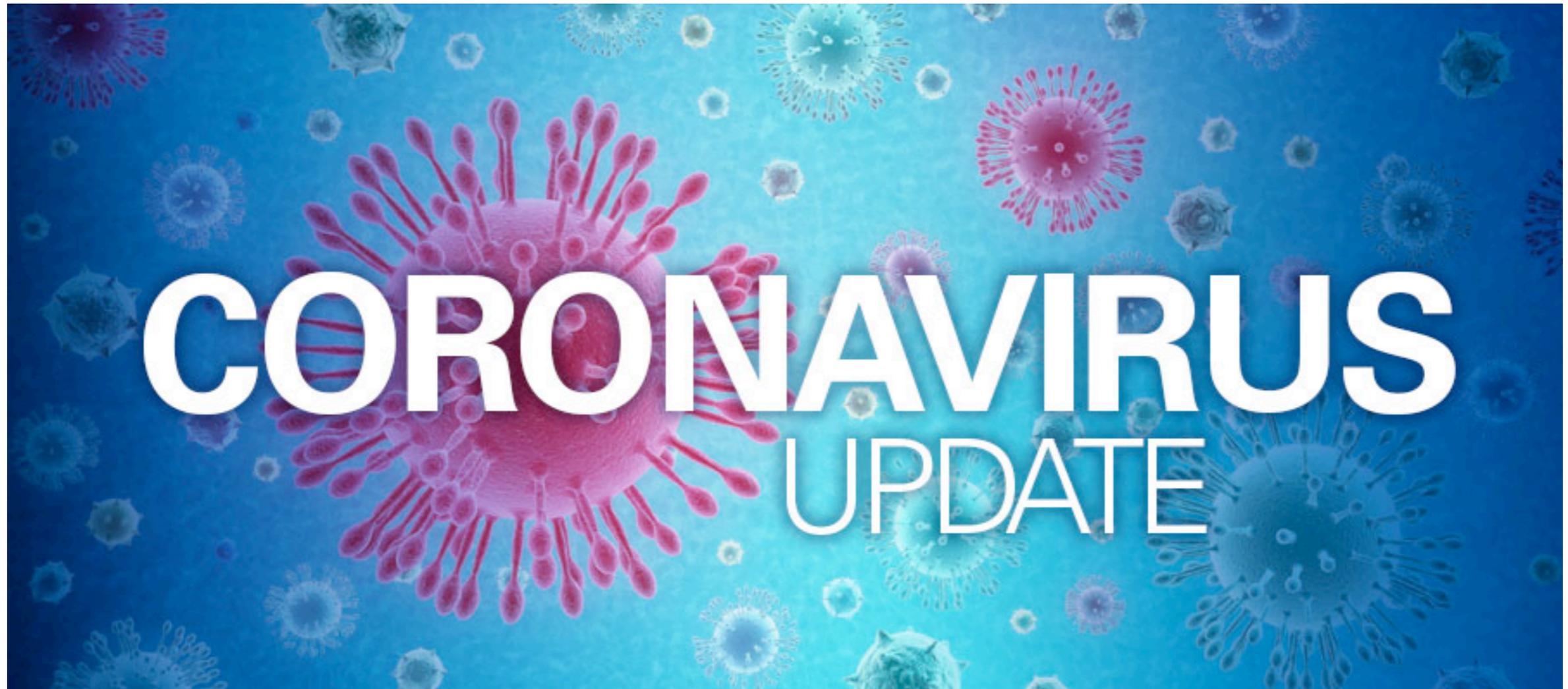
**Novel Coronavirus 2019**

**2019-nCoV  
acute respiratory disease**

**CoVid 19**

**Coronavirus disease 2019  
SARS CoV-2 2019**

## 2. Novel Coronavirus Info and Updates



The **SARS-CoV-2** virus is a betacoronavirus, like **MERS-CoV** and **SARS-CoV**, both of which have their origins in bats.

**“The term ‘corona’ simply means crown”**

## 2. Novel Coronavirus Info and Updates

People around the world commonly get infected with human coronaviruses **229E**, **NL63**, **OC43**, and **HKU1**.

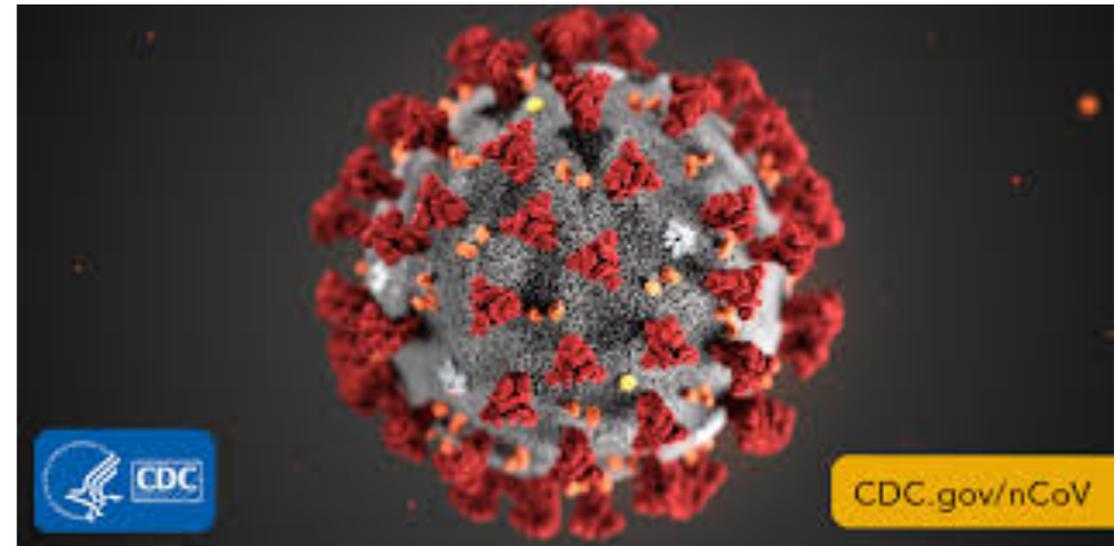
Sometimes coronaviruses that infect animals can evolve and make people sick and become a new human coronavirus. Three recent examples of this are **2019-nCoV**, **SARS-CoV**, and **MERS-CoV**.

### Common human coronaviruses

1. **229E** (alpha coronavirus)
2. **NL63** (alpha coronavirus)
3. **OC43** (beta coronavirus)
4. **HKU1** (beta coronavirus)

### Other human coronaviruses

5. **MERS-CoV** (the beta coronavirus that causes Middle East Respiratory Syndrome, or MERS)
6. **SARS-CoV** (the beta coronavirus that causes severe acute respiratory syndrome, or SARS)
7. [SARS-CoV-2 \(the novel coronavirus that causes coronavirus disease 2019, or COVID-12\)](#)



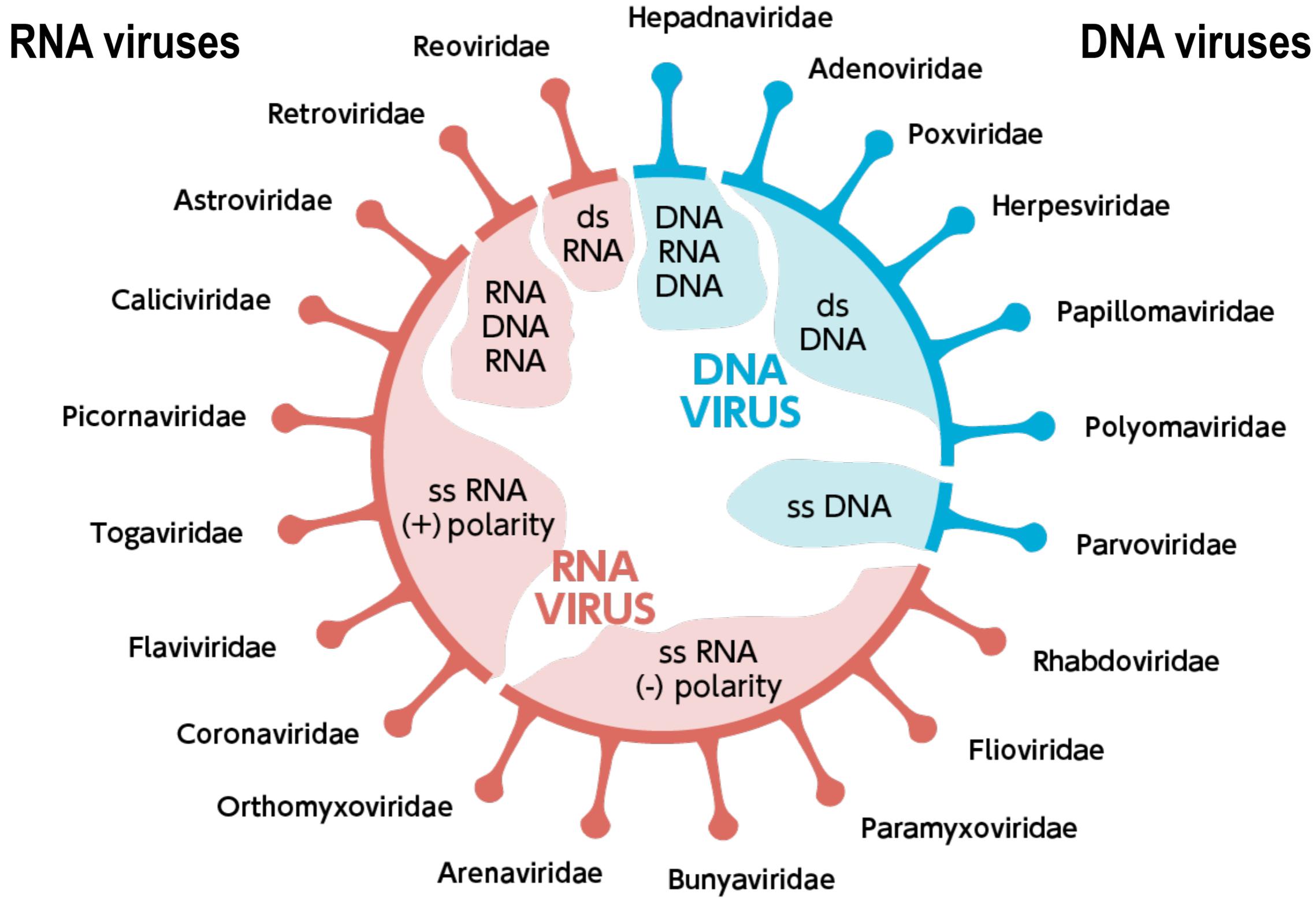
Coronaviruses are types of viruses that typically affect the **respiratory tract** of mammals, including humans. They are associated with the **common cold**, **pneumonia**, and **severe acute respiratory syndrome** (SARS) and can also affect the gut.

A coronavirus was **first isolated in 1937** from an infectious [bronchitis](#) virus in **birds** that has the ability to seriously devastate **poultry** stocks.

These viruses are responsible for between [15 and 30 percent](#) of common colds.

Over the last 70 years, scientists have found that coronaviruses can infect **bats**, **camels**, **mice**, **rats**, **dogs**, **cats**, [turkeys](#), **horses**, **pigs**, and **cattle**.

## 2. Novel Coronavirus Info and Updates



## 2. Novel Coronavirus Info and Updates

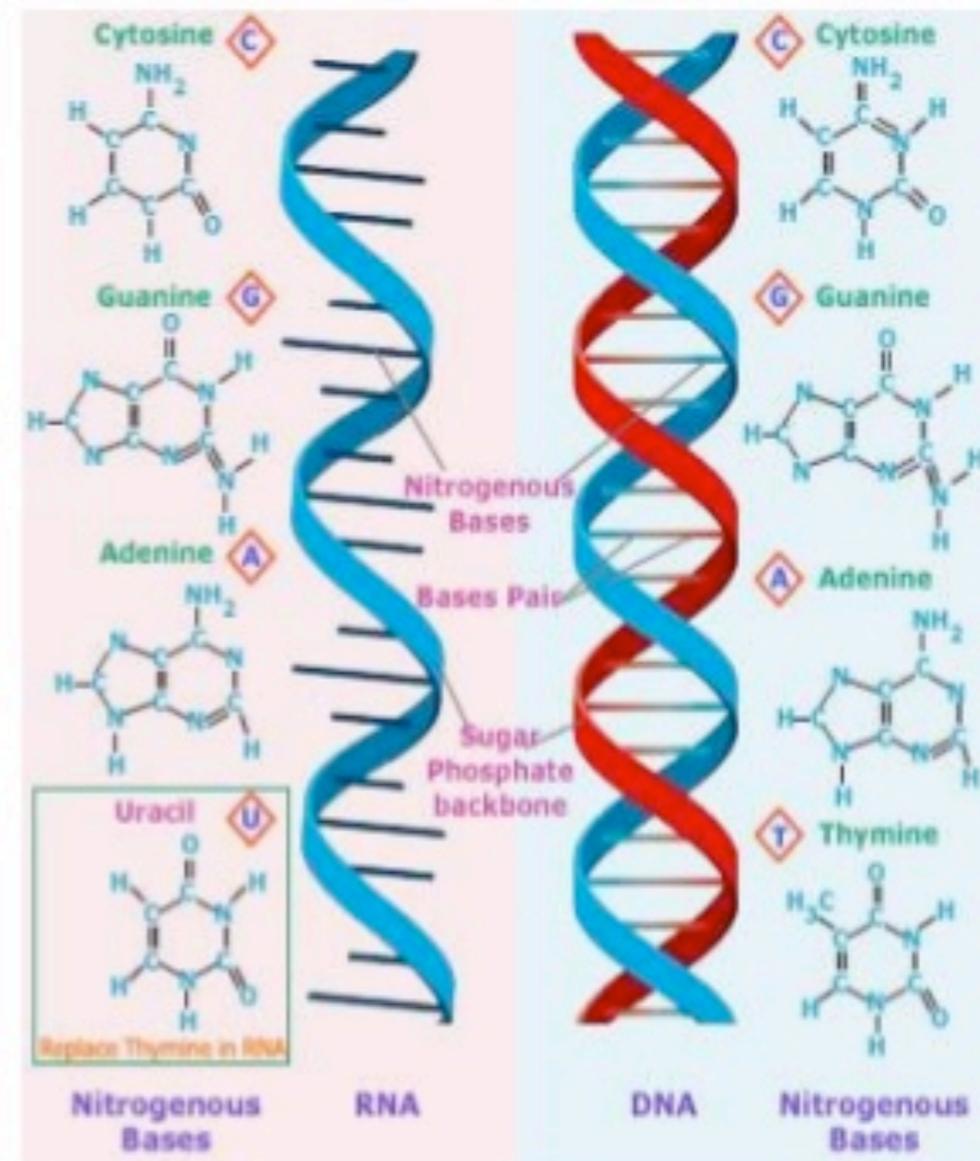
### Difference Between DNA & RNA Virus

#### DNA VIRUS

- Double stranded
- Nitrogenous bases (Adenine, Cytosine, Guanine, & Thymine)
- Type of sugar- Deoxyribose
- Location in Nucleus

#### RNA VIRUS

- Single Stranded
- Nitrogenous bases (Adenine, Cytosine, Guanine, & **Uracil**)
- Type of sugar- Ribose
- Location in Nucleus & cytoplasm



## 2. Novel Coronavirus Info and Updates

### How did it start?

This virus is not really "new" - it is just new to humans, having jumped from one species to another. Many of the early cases were linked to the **South China Seafood Wholesale Market**, in Wuhan. In China, a lot of people come into **close contact with animals harboring viruses** - and the country's **dense urban population** means the disease can be easily spread.

Other theories are a possible release of a **genetically modified version of the coronavirus**. Several research labs around the world have been working on the coronavirus for years.

**Severe acute respiratory syndrome (SARS)**, which is also caused by a coronavirus, started off in **bats** and then infected the **civet** cat, which in turn passed it on to humans. The SARS outbreak, which started in China in 2002, **killed 774 of the 8,098 people infected**.



## 2. Novel Coronavirus Info and Updates

### How deadly is the coronavirus?

Based on data from 17,000 patients with this coronavirus, the WHO says:

- 82% develop mild symptoms
- 15% develop severe symptoms
- 3% become critically ill

The proportion dying from the disease, **which has been named Covid-19**, appears low (between 1% and 2%) - but the figures are unreliable. But it is also unclear how many mild cases remain unreported - so the death rate could also be lower. To put this into context, about **one billion people catch influenza every year**, with between **290,000 and 650,000 deaths**. The severity of flu changes every year.



**Dr. Li Wenliang**



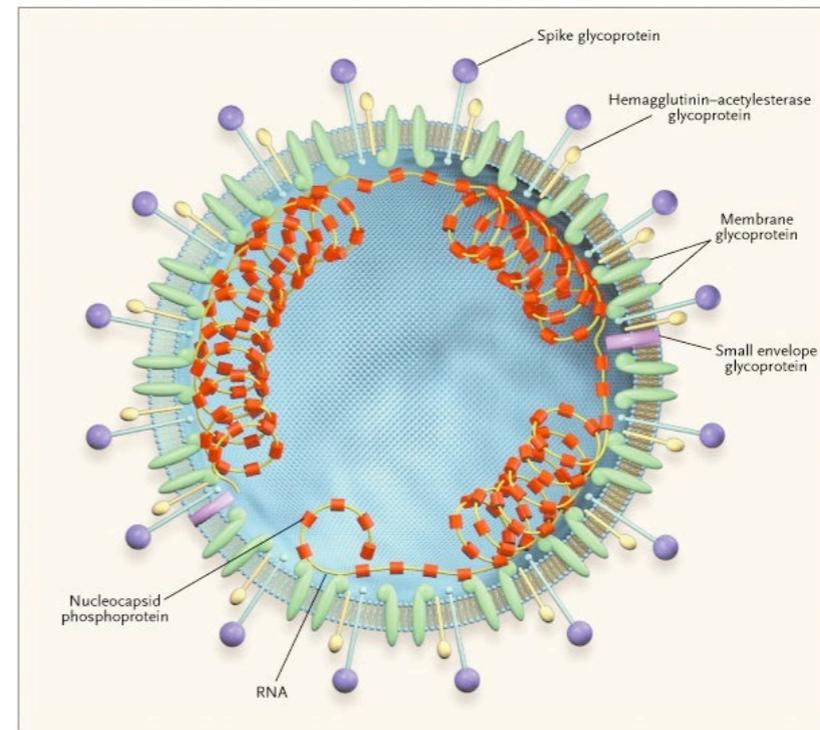
**Dr. Li Wenliang Memorial**

## 2. Novel Coronavirus Info and Updates

### Can coronavirus be treated or cured?

Right now, allopathic treatment relies on the basics - keeping the patient's body going, including breathing support, until their immune system can fight off the virus.

However, the work to develop a vaccine is under way and it is hoped there will be human trials before the end of the year. Hospitals are also testing anti-viral drugs to see if they have an impact.



## 2. Novel Coronavirus Info and Updates

### How Different Types of Coronavirus Spread

229E, NL63,  
OC43, HKU1

Person-to-person



These strains are common  
and cause colds

MERS-CoV, SARS-CoV,  
2019-nCoV

Animal-to-person, then person-to-person



These rarer strains are linked  
to severe complications,  
from pneumonia to death

## 2. Novel Coronavirus Info and Updates

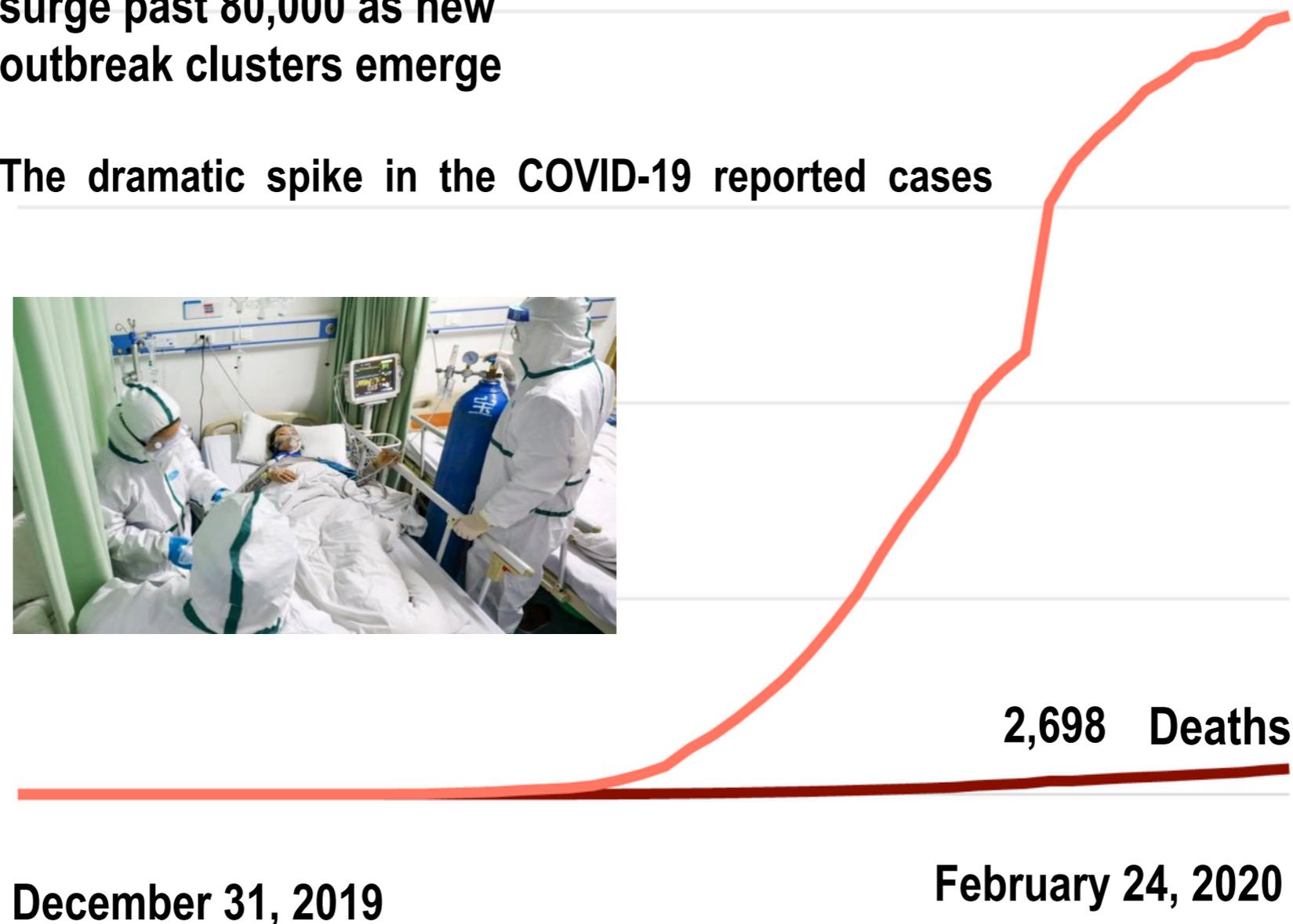
**24 February 13:30 gmt — Coronavirus death toll passes 2,300**

There are currently [78,811 confirmed cases](#) and [2,698 deaths](#) from the coronavirus **COVID-19** outbreak as of February 24, 2020, 13:01 GMT.

**Global coronavirus cases surge past 80,000 as new outbreak clusters emerge**

**78,811 Confirmed cases**

**The dramatic spike in the COVID-19 reported cases**



## 2. Novel Coronavirus Info and Updates

### What Is $R_0$ ?: Gauging Contagious Infections

## $R_0$ of Some Diseases

Infectious disease	Host	$R_0$
Measles	Humans (UK)	12-18
Pertussis (whooping cough)	Humans (UK)	12-18
Chickenpox (varicella)	Humans (UK)	10-12
Rubella	Humans (UK)	5-7
Smallpox	Humans	3.5-7
Feline immunodeficiency virus (FIV) Domestic	Cats	1.1-1.5
Rabies	Dogs (Kenya)	2.44
Phocine distemper	Seals	2-3
Tuberculosis	Cattle	2.6
Influenza (Pandemic)	Humans	2-4
Foot-and-mouth disease	Livestock farms (UK)	3.5-4.5
Mumps	Humans	4-12
Poliomyelitis (polio)	Humans	5
HIV/AIDS	Hetro	2-5
HIV	Male homosexuals UK	4
HIV	Female prostitutes in Kenya	11
Malaria	Humans	$\approx 100$
SARS	Human	2-5
IBR	Cattle (UK)	7
TB	Cattle	2.6

## 2. Novel Coronavirus Info and Updates



### How can I protect myself?

The WHO says:

- **Wash your hands** - soap or hand gel can kill the virus
- **Cover your mouth and nose when coughing or sneezing** - ideally with a tissue - and wash your hands afterwards, to prevent the virus spreading
- **Avoid touching your eyes, nose and mouth** - if your hands touch a surface contaminated by the virus, this could transfer it into your body
- **Don't get too close to people coughing, sneezing or with a fever** - they can propel small droplets containing the virus into the air - ideally, keep 1m (3ft) away

### HELP US PREVENT THE SPREAD OF COLDS, FLU AND OTHER VIRUSES

Flu and virus season is here, so take precautions to avoid catching or spreading viruses. Follow these steps to stay healthy:



Wash your hands and use hand sanitizer frequently.



Don't share food, utensils, water bottles or cups.



Avoid those who are ill, if possible.



Clean high-touch surfaces such as doorknobs with antibacterial bleach wipes.



If you are sick, stay home and rest.



Get a flu shot, available at the University Health Center.

## 2. Novel Coronavirus Info and Updates

Although virologists are doubtful about their effectiveness against airborne viruses, there is some evidence to suggest the [masks can help prevent hand-to-mouth transmissions.](#)



Dr David Carrington, of St George's, University of London, told BBC News "**routine surgical masks for the public are not an effective protection against viruses or bacteria carried in the air**", which was how "most viruses" were transmitted, because they were too loose, had no air filter and left the eyes exposed.

### Face masks compared

#### N95 respirator

Reduces exposure to small particles

Filters out at least 95% of airborne particles

Tight fitting, allows minimal leakage



#### Surgical mask

Fluid resistant, protects wearer against large droplets

Does **not** protect against smaller airborne particles



Loose fitting - allows leakage around the edges

Source: 3M, Getty

BBC

### 3. Novel Coronavirus Signs and Symptoms



### 3. Novel Coronavirus Signs and Symptoms

## HOW CORONAVIRUS CAN KILL

### SYMPTOMS

The coronavirus attacks cells in the respiratory system

- **Runny nose**
- **Cough**
- **Sore throat**
- **High temperature**

### SPREAD

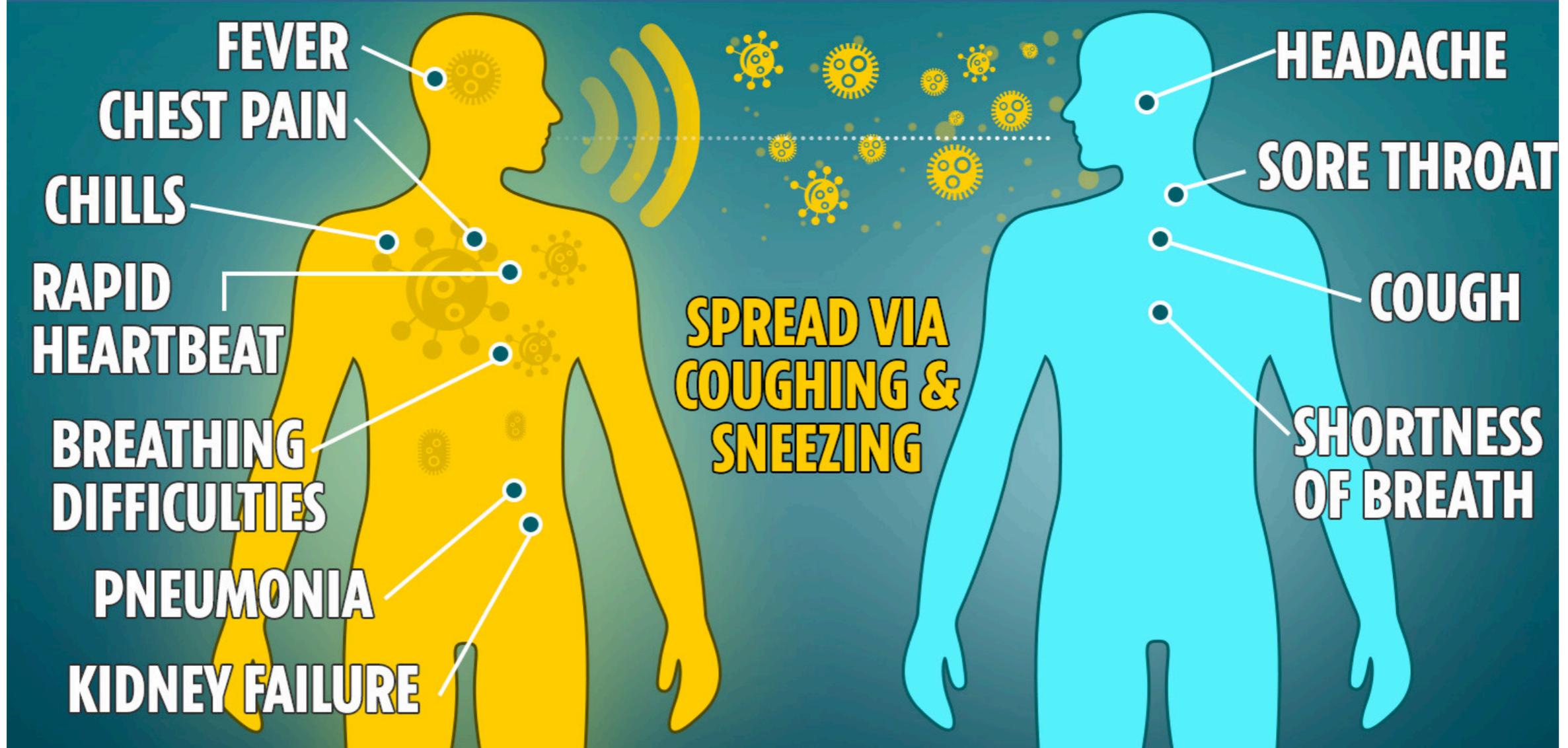
- Novel coronavirus first spread to humans from an animal – thought to be a snake – at the South China Seafood Wholesale Market.
- The virus is transmitted between humans in droplets from coughing and sneezing and touching or shaking hands.
- It enters humans through the nose and mouth, then finds a 'host cell' in the respiratory system, such as one in the nose. The host cell then bursts and other nearby cells in the body are infected with the virus.

### DEATH

- Most victims die from complications including pneumonia and from swelling in the lungs.
- Severe pneumonia can kill people by causing them to 'drown' in the fluid flooding their lungs.
- The virus also causes swelling in the respiratory system, which can make it hard for the lungs to pass oxygen into the bloodstream – leading to organ failure and death.

### 3. Novel Coronavirus Signs and Symptoms

## The symptoms of 2019-nCoV and how it spreads



**HOMEOPATHIC  
MEDICINE**

### 3. Novel Coronavirus Signs and Symptoms

#### Coronavirus

Middle East respiratory syndrome (MERS) and severe acute respiratory syndrome (SARS) are viral respiratory illnesses caused by a coronavirus.

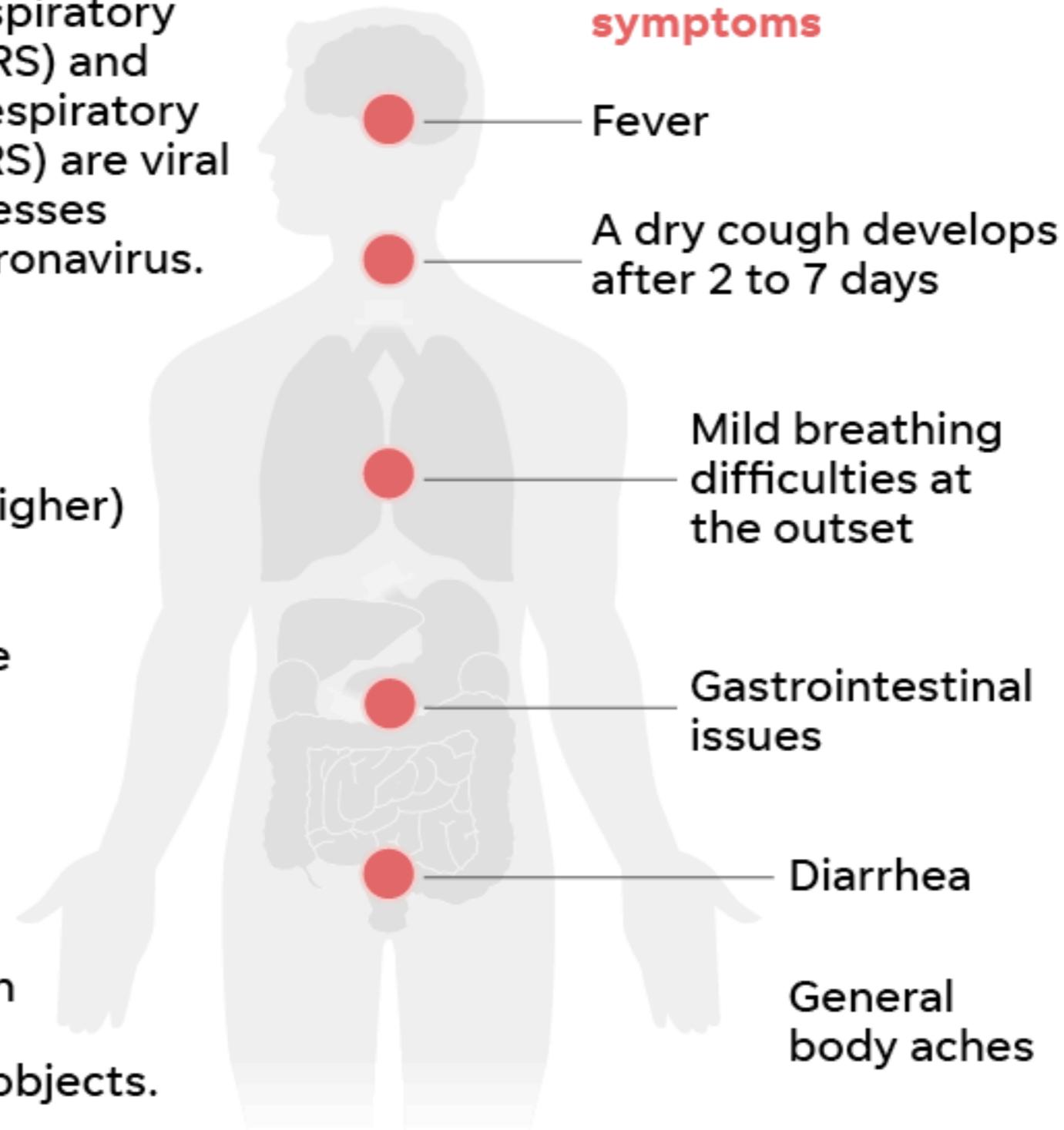
#### Severe symptoms

- High fever (100.4°F or higher)
- Pneumonia
- Kidney failure

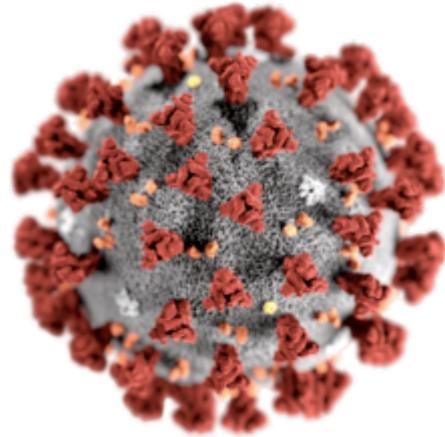
#### Transmission

Coughs or sneezes from infected person or touching contaminated objects.

#### Common symptoms

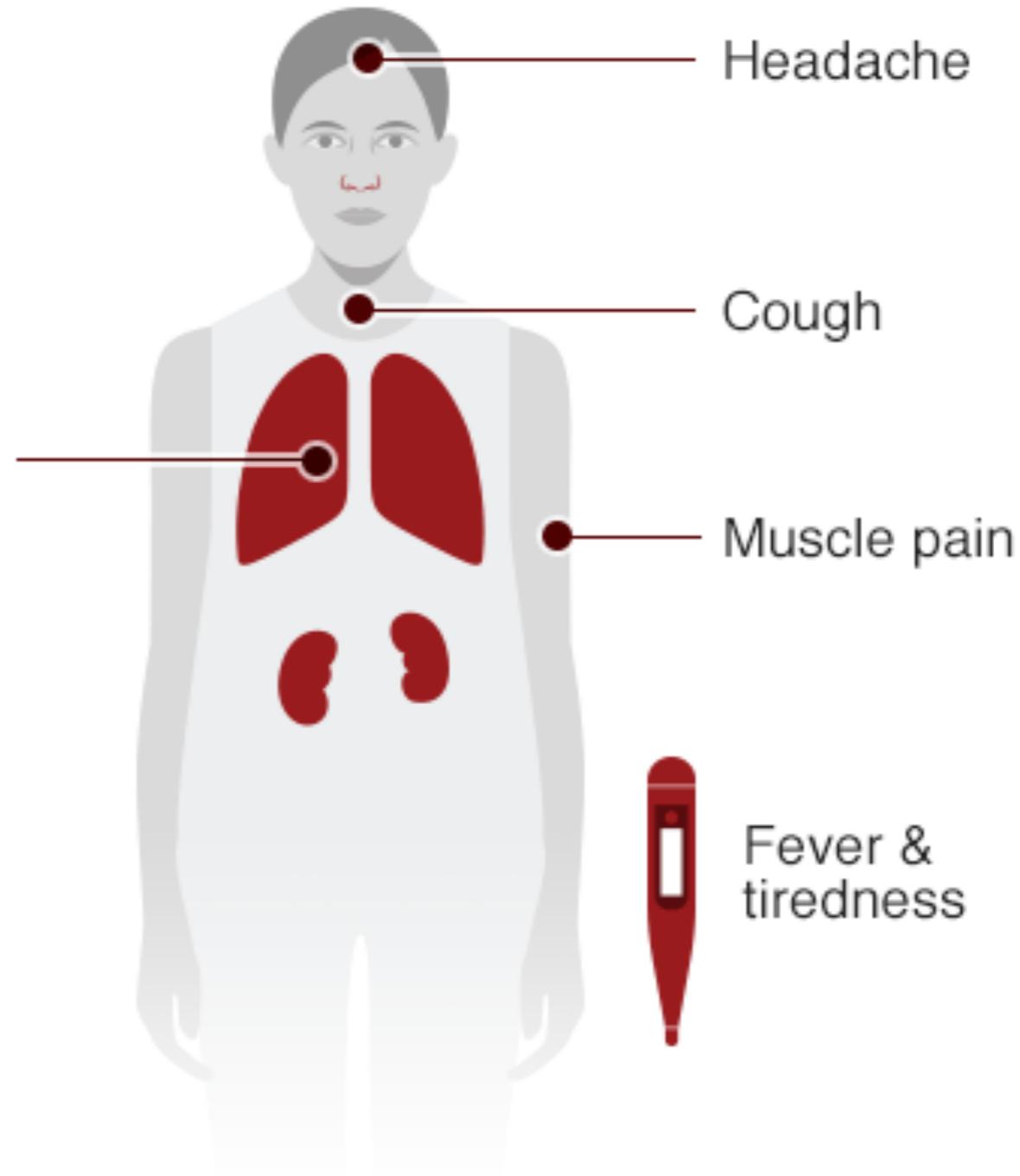


### 3. Novel Coronavirus Signs and Symptoms



Shortness of breath  
breathing difficulties

Virus seems to start with a **fever**, followed by a **dry cough** and then, after a week, leads to **shortness of breath** and some patients needing hospital treatment



## 4. Novel Coronavirus and Pneumonia



### What is pneumonia?

Pneumonia is an infection of the tiny air sacs of the lungs. There are **many different types of pneumonia**, which can range from **mild to severe**. Depending on its cause, pneumonia can be fatal, and it remains a common cause of death worldwide.

## 4. Novel Coronavirus and Pneumonia

### Types of Pneumonia

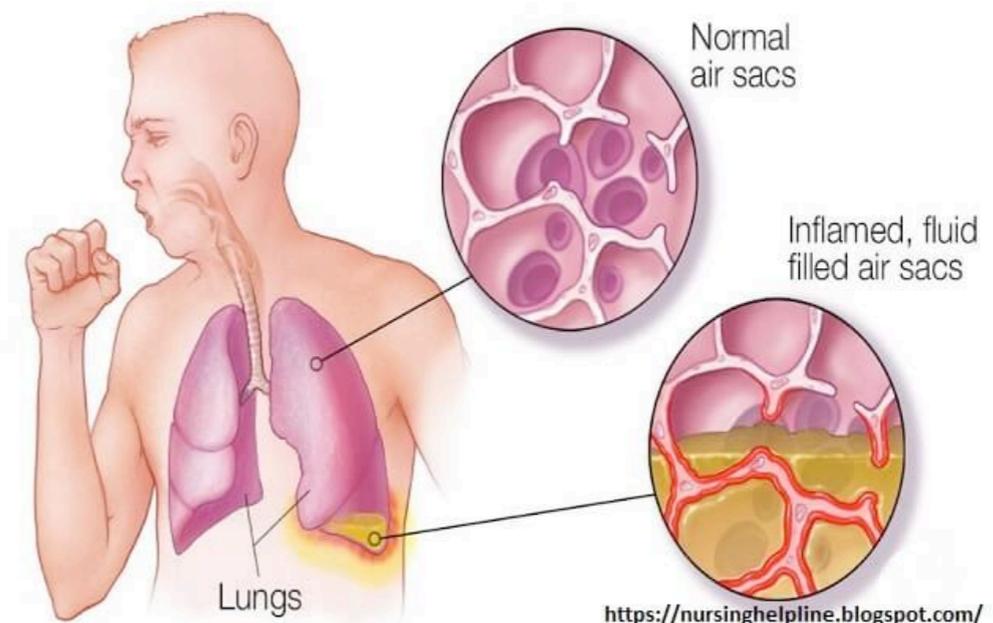
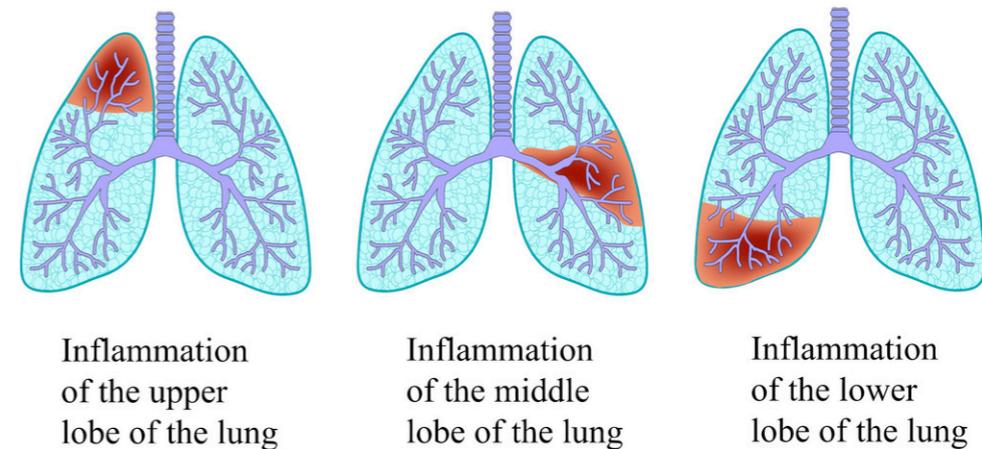
**Bacterial Pneumonia:** Certain bacteria like *Streptococcus pneumoniae*, *Chlamydomphila pneumoniae*, and *Legionella pneumophila* cause pneumonia.

**Viral Pneumonia:** Respiratory viruses are another common cause of pneumonia. However, viral pneumonia is not as serious as bacterial pneumonia. **Influenza A and B viruses are the main cause of pneumonia** in adults, and the main cause of viral pneumonia in infants is the Respiratory syncytial virus (RSV).

**Mycoplasma Pneumonia:** Mycoplasma pneumonia is caused by a genus of bacteria called *Mycoplasma pneumoniae*. This bacterial species lacks a cell wall and hence remains unaffected by most over-the-counter antibiotics.

**Fungal Pneumonia:** This type of pneumonia is mainly caused by fungi that are present in the soil or bird droppings. Fungal pneumonia easily affects those who have chronic diseases or weak immune systems.

### Types pneumonia



## 4. Novel Coronavirus and Pneumonia

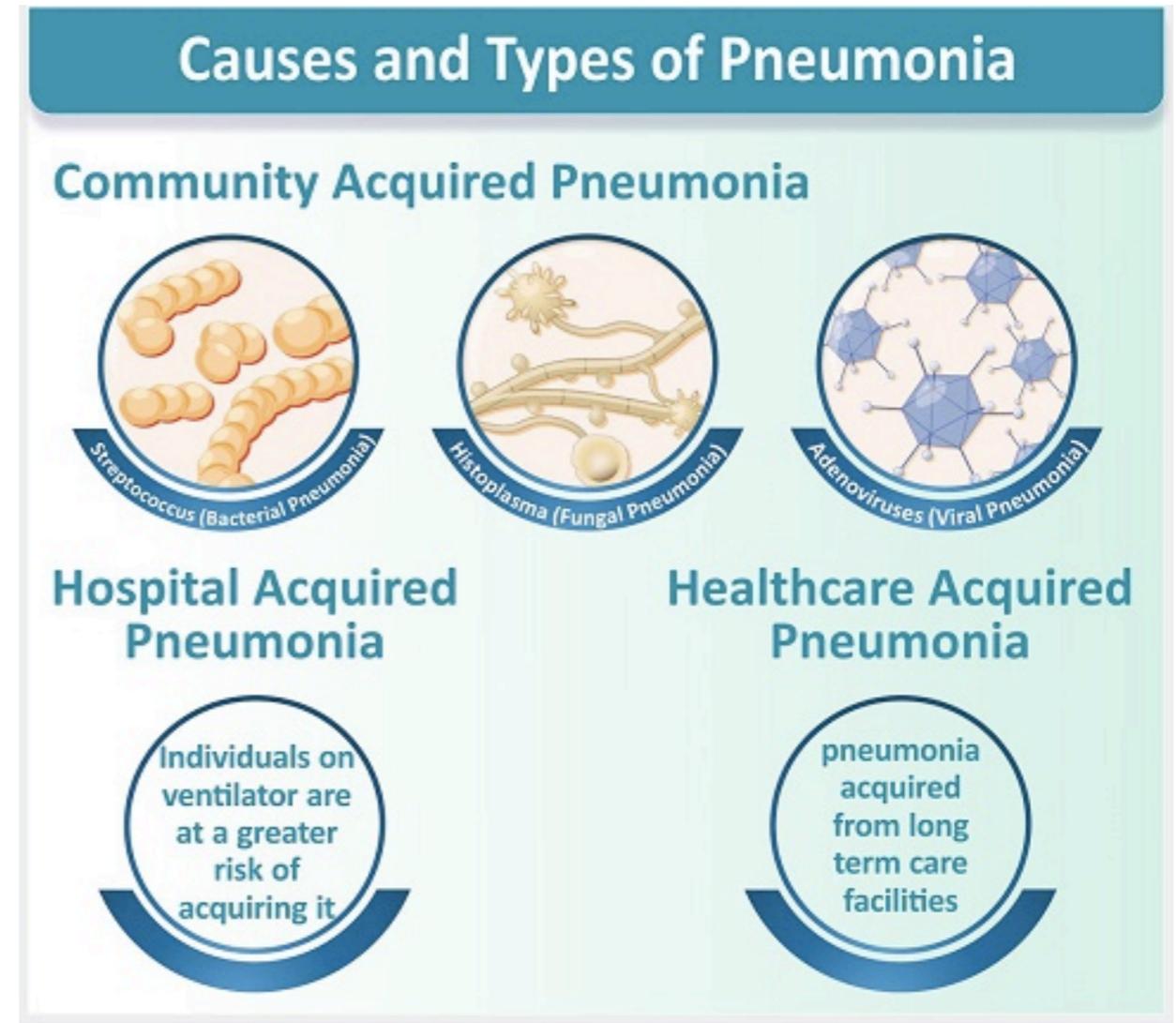
### Types of Pneumonia

#### Based On Where It Was Acquired (Location)

- **Hospital-Acquired Pneumonia:** If you develop pneumonia during a hospital stay, it is referred to as hospital-acquired pneumonia.
- **Community-Acquired Pneumonia:** This type of pneumonia is usually acquired in a public place and not in a hospital or institutional setting.

#### Based On How It Was Acquired

- **Aspiration Pneumonia:** If you happen to develop pneumonia by inhaling bacteria from foods, drinks or saliva, it is called aspiration pneumonia. This type usually occurs when the infected individual has difficulty in swallowing.
- **Ventilator-Associated Pneumonia:** Individuals using a ventilator can also develop pneumonia.



## 4. Novel Coronavirus and Pneumonia

### How is pneumonia diagnosed?

Physicians may suspect pneumonia if they hear **crackling and wheezing sounds** when listening to a patient's lungs with a stethoscope. A **chest x-ray** can usually confirm the presence of **fluid in the lungs** that indicates pneumonia. Sometimes, the physician may order additional tests, including **blood tests and cultures of lung fluid or sputum**.

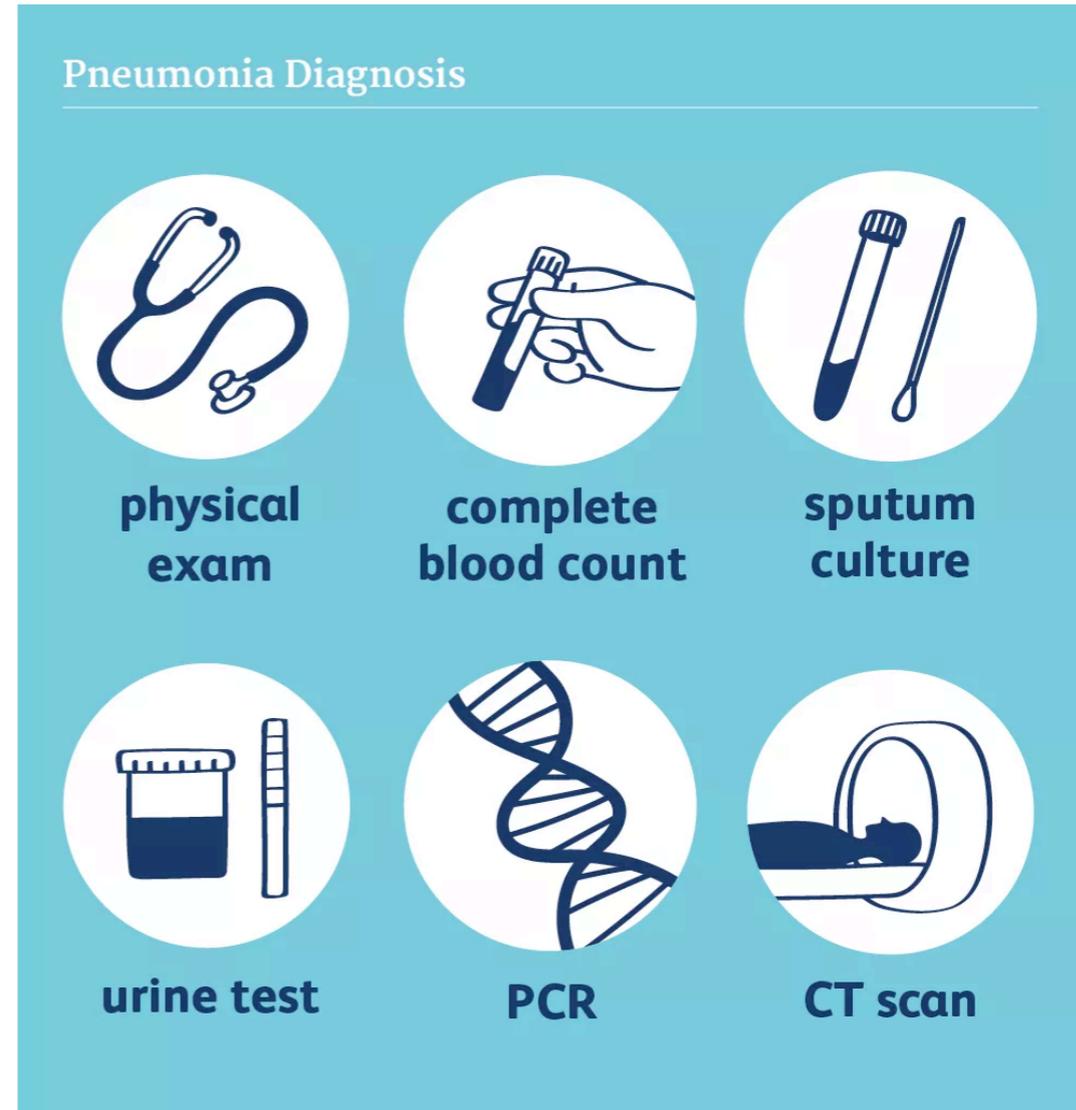
He or she will they measure your **temperature, blood pressure, heart rate, and respiratory rate**, and will also check your oxygen level using **pulse oximetry**. This is done by placing a small device on your finger to estimate the percentage of oxygen in your blood. Low levels of oxygen are concerning and may mean that you need to be put on oxygen.

### Chest X-Ray

If pneumonia is suspected based on symptoms and physical exam, the standard of care is to get a chest X-ray. A chest X-ray may show an **infiltrate, which is a collection of pus, blood, or protein** in the lung tissue.

### PCR and Enzyme Immunoassays

It can be difficult to culture a virus. Instead, viral infections are more commonly diagnosed using **polymerase chain reaction (PCR)** and **enzyme immunoassays**.



## 4. Novel Coronavirus and Pneumonia

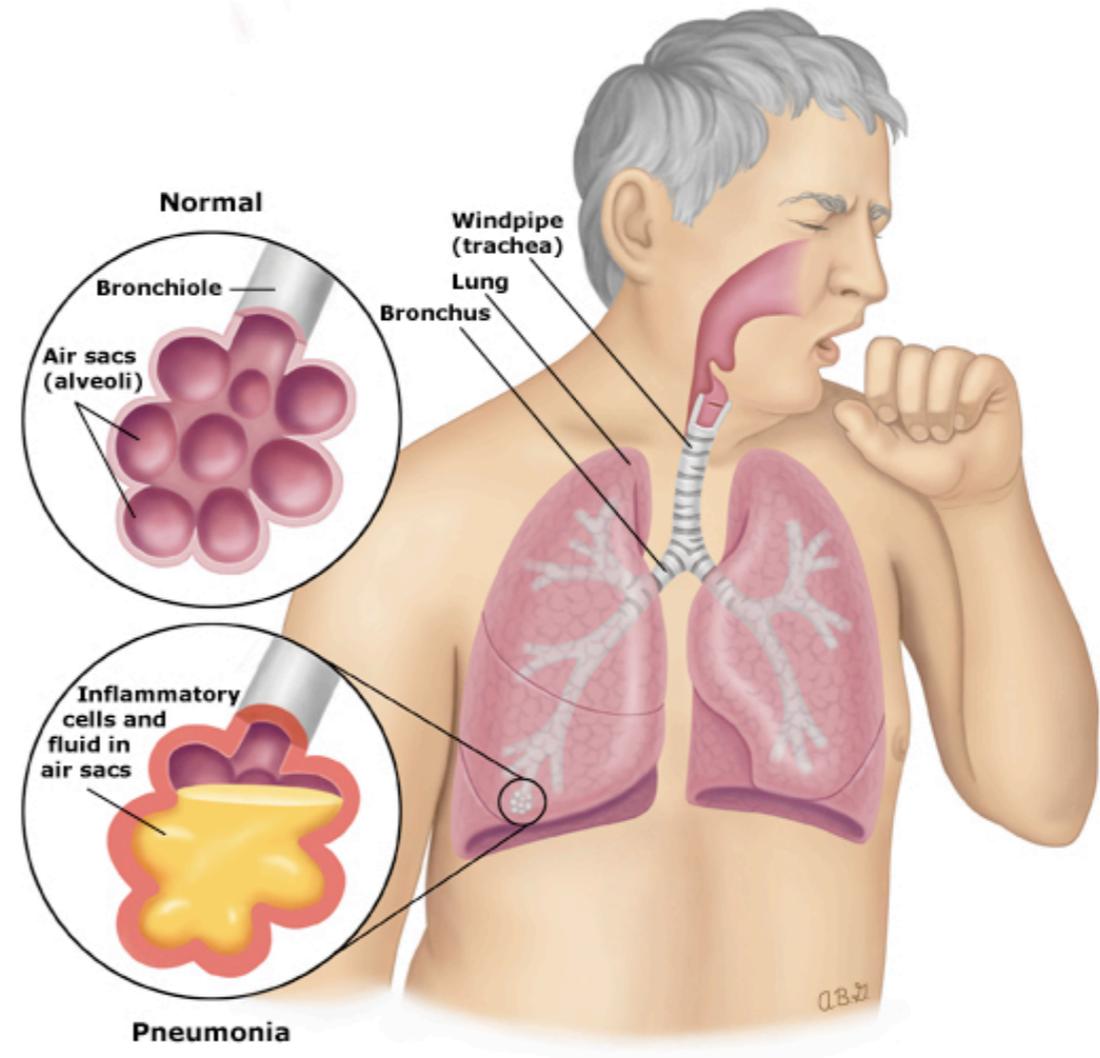
### What is the conventional pneumonia treatment?

Conventional treatment for pneumonia depends on the causative agent and the condition of the patient. For bacterial pneumonia, the physician will likely prescribe **antibiotics**.

These **antibiotics won't help for viral pneumonia** which typically calls for treatment similar to that for the flu – plenty of rest and fluids – although antiviral medications can sometimes help.

**Bacterial infections** often follow these viral infections, however, so antibiotics may be given to prevent the pneumonia from progressing. **Over-the-counter drugs** can help ease pain and relieve fever. **Severe pneumonia** requires treatment with **intravenous medications such as antibiotics**, and with **supplemental oxygen**.

Occasionally patient will need to be placed on a **mechanical ventilator to maintain lung function** while the infection is cleared. Physicians may recommend the **pneumococcal vaccine** to help prevent pneumonia in people at high risk for it.



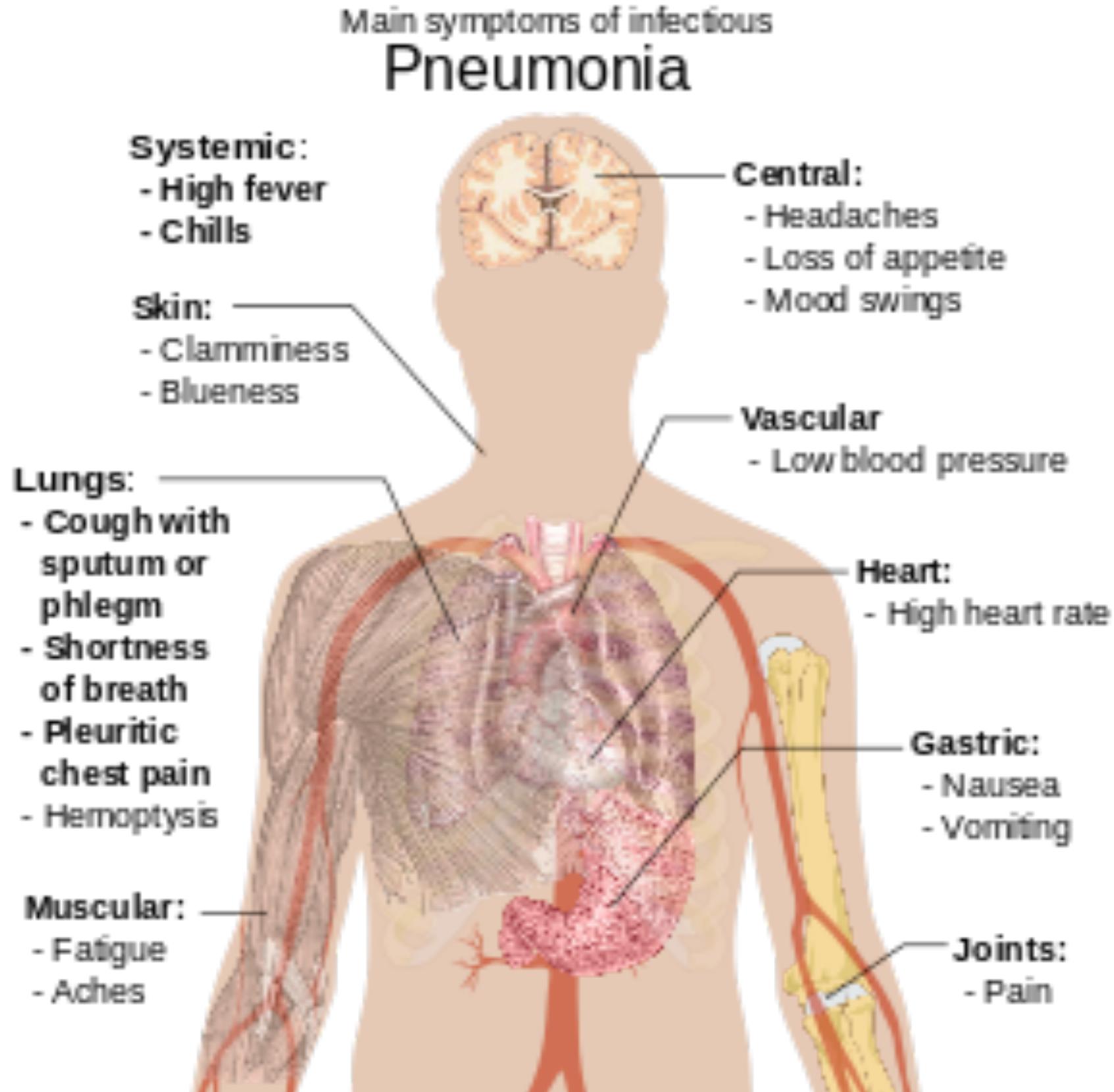
### Antiviral drugs

Remdesivir

Favilavir

Galidesivir

## 4. Novel Coronavirus and Pneumonia



## 5. Homeopathic Case Taking for Pneumonia



## 5. Homeopathic Case Taking for Pneumonia

### Pneumonia Case Taking Format

**Generals:** Medical history, Age, Gender, Constitutional type, Etiology, Fever, Chills, Stage of Pneumonia, Body position, Energy, Thirst, Appetite, Digestion, Appearance, Skin, Perspiration, Tongue, Pulse, Physical exams, Lab Tests. Weakness.

**Mind:** Agony, Anxiety, Cognition. Company. Fears, Irritable, Depression, Delirium, Discontent, Nervousness, Obstinate, Restless,

**Breathing:** Anxious, Hard, Breathing difficulties, Gasping, Irregular breathing, Labored breathing, Loud, breathing, Oxygen, Painful breathing, Panting, Shortness of breath. Suffocation, Unequal breaths, Wheezing.

**Cough:** Croupy cough, Deep, cough, Dry cough, Hacking cough, Hard cough, Hoarse cough, Loud, cough, Painful cough, Rattling cough, Spasmodic cough, Tickling, cough, Violent cough, Wet cough. Whistling, cough.

**Expectoration:** Bloody. Brown, Dark, Drooling, Frothy, Gelatinous, Green, Lumpy, Mixed, Pulmonary edema, Red, Rusty, Scanty, Spitting, Sputum absent, Taste, Tenacious, Thick, Thin, Watery, White, Yellow,

**Pains and Sensations:** Aching, Bruised, Burning, Cold feeling, Constant, Darting, Hot feeling, Piercing, Pleuritic pains, Radiating, Sharp, Sore, Stitching, Tingling, Tightness, Violent pain, Weakness, Weight.

**Modalities:** Aggravation or Ameliorations, Better or Worse, Company, Exertion, Motion, Position, Pressure, Rest, Temperature, Time, Weather.

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia



**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia



**Alfred Pulford, MD**  
1863 - 1948

### **ALFRED PULFORD, MD**

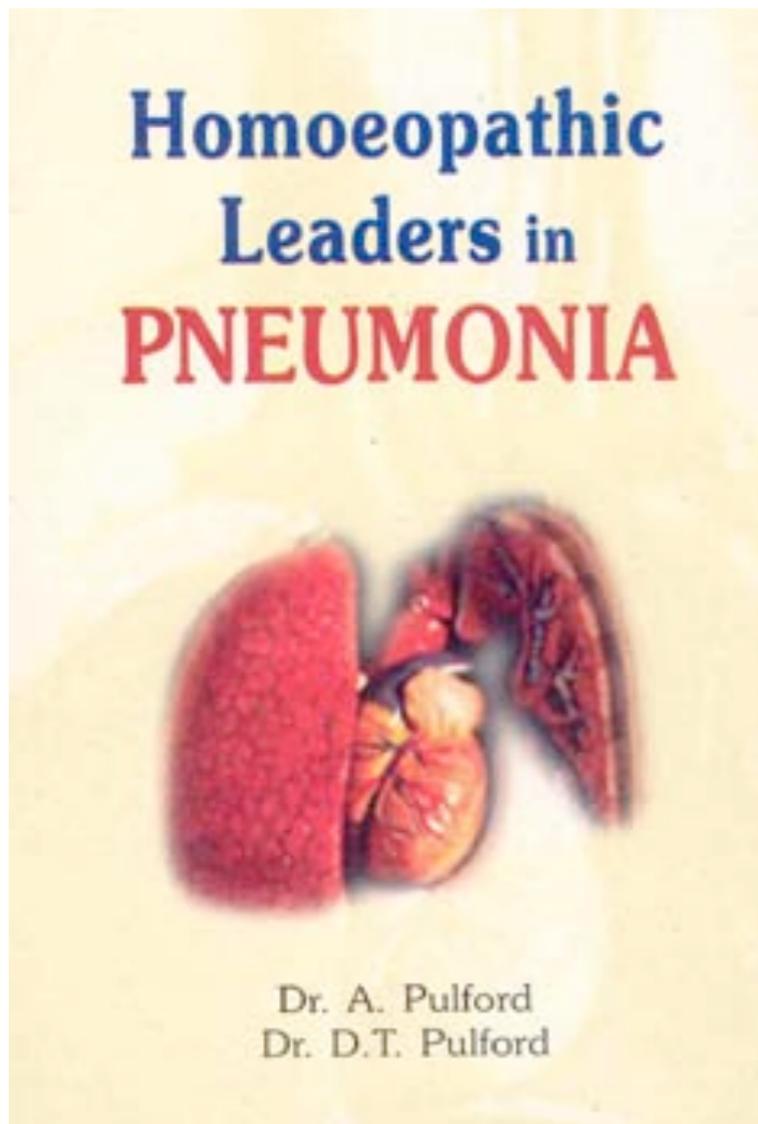
- **BORN: BRADFORD – ENGLAND**
- **AT AGE 16 YRS – UNITED STATES**
- **1885 - GRADUATED FROM CLEVELAND HOMEOPATHIC MEDICAL COLLEGE**
- **INTERNSHIP – PITTSBURGH, (PENNSYLVANIA) HOMEOPATHIC HOSPITAL**
- **PROLIFIC WRITER**
- **100 ARTICLES**
- **WRITINGS: IHA TRANSACTIONS**
- **WRITINGS: HOMOEOPATHIC RECORDER**

#### **Books:**

- 1. Repertory of the Symptoms of Rheumatism, Sciatica etc.**
- 2. Homeopathic Materia Medica. of Graphical Drug Pictures.**
- 3. Key to the H Homeopathic Materia Medica.**
- 4. Homeopathic Leaders in Pneumonia.**

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia



**Drs. Alfred and Dayton Pulford, MD**

In 1928, Drs. Alfred and Dayton Pulford, both were staunch defendants of Hahnemannian homeopathy from Toledo, Ohio, wrote in their **monograph on treating pneumonia with homeopathic remedies**,

The authors:

No apology is needed for the birth of this little Monograph, the **appalling mortality among pneumonia patients attests the demand for just such an one**. It has been stated, and we have every reason to **believe truly, that fully 80% of all pneumonia cases would get well without any medical interference** whatever, under proper nursing, so that **any system or method of medical healing that cannot lower the death-rate to less than 20%** would seem rather a menace than a blessing to pneumonia patients.

After treating **242 cases of pneumonia**, of ALL types and degrees of severity, some coming directly from and others having been confirmed in the diagnosis by allopaths, with **but 3 deaths, a rate of but 1.4%**, we can hardly understand a **fixed minimum death-rate of 25%**, much less a maximum rate of 95%, in a disease as readily amenable to the proper remedy as is pneumonia. The **death-rate under the homeopathic similimum should at no time exceed 5%**, a higher rate would rather reflect on our ability.

It is with the hope of aiding the physician to find the similimum and to **reduce his death-rate** that this little Monograph is written.

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### Douglas Borland, MD



By Douglas N. Borland. MD  
(1885-1960)

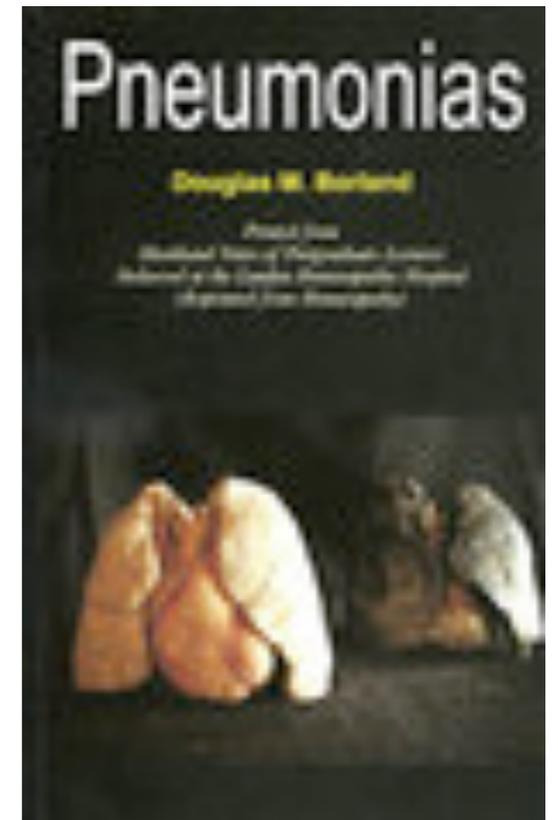
Douglas Borland M.D. was a leading **British homeopath** in the early 1900s. In **1908**, he **studied with Kent** in Chicago, and was known to be one of those from England who brought **Kentian homeopathy** back to his motherland.

He wrote a number of monographs, including these that are available from our online bookstore:

- [Children's Types](#)
- [Digestive Drugs](#)
- [Pneumonias](#)

Douglas Borland died November 29, 1960.

Information taken from [Encyclopedia Homeopathica](#)



**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### Borland's Pneumonia Remedies

1. **INCIPIENT Stage i.e. stage of congestion or invasion**
  - Aconite
  - Ferrum Phos
  - Belladonna
  - Ipecac.
2. **Frankly developed (Consolidation)**
  - Bryonia
  - Phosphorus
  - Veratrum viride
  - Chelidonium

1. **Complicated Pneumonia**
  1. **Mixed infection or alcoholic patient**
    - Baptisia
    - Pyrogen
    - Lachesis
    - Mercurius
    - Hepar Sulph
    - Rhus tox
  2. **Creeping type of pneumonia or definite bronchopneumonia in adult.**
    1. Nat sulph
    2. Pulsatilla
    3. Senega
    4. Lobelia



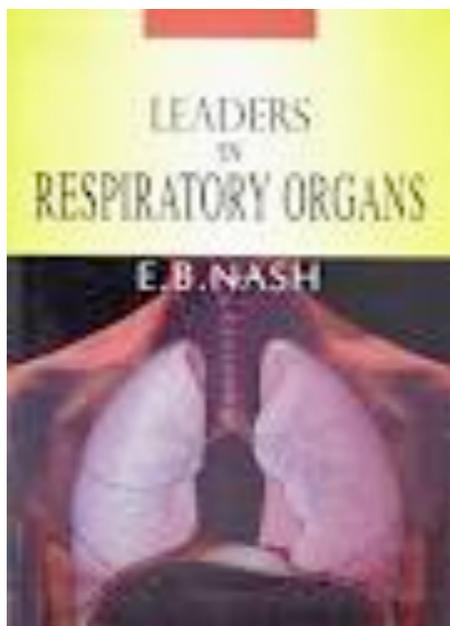
1. **Late Pneumonia (Resolution)**
  - Antim tart
  - Carbo Veg
  - Kali Carb
  - Lycopodium
  - Arsenic Alb
  - Sulphur

## 6. Homeopathic Remedies for Pneumonia

### Nash's Pneumonia Remedies



1838 - 1917



Dr. Eugene Beauharnais "E. B." Nash (8 March 1838, Hillsdale, New York – 6 November 1917, Cortland, New York) was one of America's leading 19th century homeopaths.

He graduated from Cleveland Homoeopathic Medical College in 1874. He served as **Professor of Materia Medica in the New York Homeopathic Medical College**, and also taught at the **Homeopathic Hospital of London**.

In 1903 he became president of the International Hahnemannian Association (IHA).

He is best known as an author of books on homeopathy. His obituary in The Homeopathic Recorder remembered him as, "**one of the great teachers of medicine...[who] will live in his books and in the hearts of the many doctors he has helped to be better physicians,**" and stated, "**There are a host of homeopathic physicians in different parts of the world to-day that owe their success in healing the sick to the writings of Eugene B. Nash**"

#### *Nash's Pneumonia Remedies*

The first stage are **Aconite, Belladonna, Ferrum phos, Veratrum Viride**.

The second stage are **Bryonia, Phosphorus, Iodine, Rhus tox, Hyosyamus, Lachesis, Sanguinaria, Mercury, Chelidonium, Antimonium tartaricum, Lycopodium, Opium, Kali carbonicum, Carbo veg, Arsenicum, Sulphur, Calcarea carb,**

He also explains some auxiliary measures in pneumonia.

#### *Other works*

- Nash Expanded Work
- Leaders for the use of Sulphur
- Leaders in Typhoid Fever
- Regional Leaders
- Testimony of the Clinic

Leaders in Respiratory Organs

## 6. Homeopathic Remedies for Pneumonia

### *First Group of Remedies for Pneumonia*

<i>Aconitum napellus</i>	<i>Bryonia alba</i>	<i>Phosphorus</i>
<i>Antimonium tartaricum</i>	<i>Carbo vegetabilis</i>	<i>Pneumococcinum</i>
<i>Arsenicum album</i>	<i>Ferrum phosphoricum</i>	<i>Sulphur</i>
<i>Belladonna</i>	<i>Kali carbonicum</i>	<i>Tuberculinum Aviare</i>
		<i>Veratrum viride</i>

### *Second Group of Remedies for Pneumonia*

<i>Ammonium carb.</i>	<i>Hepar sulph</i>	<i>Lycopodium</i>	<i>Sanguinaria</i>
<i>Calcarea carb.</i>	<i>Iodine</i>	<i>Mercurius sol.</i>	<i>Senega</i>
<i>Chelidonium</i>	<i>Ipecac</i>	<i>Opium</i>	<i>Silica</i>
	<i>Lobelia inf.</i>		

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Aconitum Napellus*

**Generals:** History of exposure to cold winds. **First stage of pneumonia**, [Ferr. phos. Gels.] Inflammation of lungs. **Sudden**, violent onset. **High fever**, full, bounding pulse, violent thirst and **shortness of breath**. Pulmonary congestions, Skin hot, dry; hard teasing and painful dry cough. Symptoms are **high fever, distinct chill**.

**Mind:** \***Great fear and anxiety** of mind, with nervousness. [Ars. alb.] \*Fear of death, predicts the day he will die". **Restless** tossing about, anxiety and **fear of not recovering**.

**Breathing:** Anxious breathing hard, sits erect. Agony, sits straight up, can hardly breathe. **Shortness of breath**.

**Cough:** Hoarse, dry, croupy cough. Worse at night, after midnight. Loud, labored breathing, cough sensitive to inspired air, short of breath.

**Expectoration:** Expectoration is watery, serous and frothy, may be blood tinged. **Rusty, thin, frothy, white mucus** streaked with **bright blood**. **Sputum absent. scanty expectoration**, falls in **round lumps**, dark cherry-red, in pneumonia. Blood comes up with hawking. **Thin, gelatinous sputum**, worse mornings and during day.

**Pains:** **Piercing and stitching pains** in chest, with difficult breathing. **Hot feeling** in lungs, bloody sputum, chest tingles after cough. Sensation as if **lungs will not expand**.

**Modalities:** **Oppressed breathing on least motion**. Left lung, in infants, **pleural pneumonia**. Worse lying on **left side**, [Phos.], [better on painful side. Bry. Puls.] Constant pressure in chest, oppression of breathing on least motion.

HOMEOPATHIC  
MEDICINE



HOMEOPATHIC  
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## 6. Homeopathic Remedies for Pneumonia

### *Antimonium tartaricum*

**Generals:** Major remedy for pneumonia. **Indicated at stage of resolution.** Inflammation of lungs, in infants, **pleura-pneumonia.** Fine moist rales heard all over the hepatized portion of lungs. **Last stage of pneumonia.** Pulmonary edema. **Impending paralysis of lungs,** [Op. Phos.] **Bilious pneumonia.** Nausea and straining to vomit. Can vomit stringy white mucous [Ipec.] More suited in the elderly and in children.

**Mind:** Peevish, whining, fear of being alone, despondent, paleness of face, sunken.

**Breathing:** Great **dyspnea** and **fits of suffocation,** [Sulph.] Short, difficult, and oppressed breathing. Short breaths, feels as if they will suffocate, must sit up,

**Cough:** **Loose cough,** as if *much would be expectorated, but nothing comes up,* [Ipec.] **Rattling cough with thick white mucous.** **Coughing and gasping** consecutively.

**Expectoration:** No expectoration. Bubbling, rattling in the lungs. **Difficult expectoration. Thick white mucus.** Much **rattling of mucus** in chest but little expectoration.

**Pains:** Sensation as if a crushing weight on chest. Velvety feeling in chest. Feels as if they will suffocate, must sit up,

**Modalities:** Oppression of breathing compels to sit up. Extreme prostration, bedridden with exhaustion.



**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Arsenicum album*

**Generals:** Inflammation of lungs, pleura, neglected pleural pneumonias. \***Rapid prostration of strength**, with clammy perspiration on skin. \***Urgent thirst, drinking little and often**. Coldness of limbs. May have a brown or dark colored tongue. **Cold externally with burning heat internal**.

**Mind:** **Great anxiety and restlessness**, with much tossing about. **Great fear of death**. In advanced stages. [Carb-v. Sang.] Very anxious and much concern, desires company.

**Breathing:** **Respiration anxious, stertorous and wheezing. great anxiety**. chest, shivering or great heat and burning in chest..

**Cough:** Cough worse lying on back, after midnight. Wheezing respiration, burning heat all over, dry cough. Cough worse at night.

**Expectoration:** Expectoration is rust colored, blood streaked, pink. **Pulmonary edema, frothy expectoration**.

**Pains:** Burning, darting pain through upper third of right lung. **Burning pain and heat in chest**, [Sang.] **Oppression of chest** on coughing, walking and on going upstairs.

**Modalities:** **Worse at night**, particularly after midnight. **Better warmth**. Unable to lie down for fear of suffocation. **Worse lying down**.



**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Belladonna*

**Generals:** High fever, sudden onset. Congestion of brain, with **flushed face, dilated pupils** and throbbing carotids, [Acon. Gels.] Dry, cracked tongue and lips, with great thirst. **Starting and jumping** during sleep, with moaning. **Bright, glistening eyes.**

**Mind:** Violent **delirium** with a **wild look** and desire to escape, strike, bite or quarrel.

**Breathing:** Respiration oppressed, unequal. Heavy and stertorous breathing. **Cheyne-Stokes** respiration (Cocain., Op.). **Moaning at every breath.** Oppressed, quick, unequal breaths. Difficult, short, quick respiration.

**Cough:** **Dry, barking cough**, sometimes spasmodic, caused by scraping or pain in larynx. Barking cough, with pain in stomach before attack, with expectoration of blood. **Tickling, short, dry cough, worse at night.** Child cries before cough. **Cough with stiffening of body.** Tickling, short, dry, worse night. Violent cough in sleep, with grinding of teeth.

**Expectoration:** Expectoration bloody, scant and difficult. [Merc. Rhus.] **Bloody mucus**, in morning, with bloody taste in mouth.

**Pains:** **Dyspnea**, with pain in lower and middle portion of chest. **Stitches in chest when coughing.** Cough with pain in left hip. Sensation of dust in lungs.

**Modalities:** Dyspnea after rising in morning, better open air.



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**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Bryonia alba*

**Generals:** Inflammation of lungs, right lung, elderly, in infants, **pleura-pneumonia**. Fever is moderate. Great dyspnea. **Dry tongue**, intense heat. \***Constipation**, stools dry and hard. Fever present; Tongue is dry. Right sided remedy. **Pneumonia complicated by pleurisy**.

**Mind:** \***Wants to lie perfectly quiet**. Exceedingly **irritable**. Wants to be left alone and hard to please. Delirious talking, with desire to escape.

**Breathing:** Cannot take a full breath, lungs **feel as if they would not expand**.

**Cough:** **Cough is hard and dry**. Dry, hacking, **painful cough**, must hold their chest. \*Cough, with expectoration of tenacious mucus of a **reddish or rusty color**, [\*Phos. Sang.]

**Expectoration:** Expectorates blood or rust colored mucus. Sputum is scanty and rust colored.

**Pains:** **Sharp stitching pains** in the chest. [Acon. Bell.] Sharp, stitching pleuritic pains. Heavy sensation beneath sternum, extends toward right shoulder. \*The pain is aggravated by **breathing or least motion**, better lying on **painful side**, [Phos.]

**Modalities:** **Worse on deep breathing**. Pain in chest **worse by motion**, breathing and relieved by lying on right or painful side. Patient wants to keep perfectly quiet.



## 6. Homeopathic Remedies for Pneumonia

### *Carbo vegetabilis*

**Generals:** Inflammation of lungs, pleural pneumonia. **Severe lack of oxygen.** May turn blue and very cold, [Verat. alb.] Paleness of face and coldness of limbs. Pulse extremely weak. **Lung hemorrhages.** [Phos., Mill.] **Coldness with thirst,** exhausting sweats. Chilliness or coldness in the lungs. **Advanced stages,** when there is great prostration of vital forces, [\*Ars.]

**Mind:** Apathetic, **Anxious,** Delirium, **Distressed,** Listless, Coma, Prostration, **Unresponsive.**

**Breathing:** **Severe lack of oxygen.** \*Craves fresh air, and wants to be fanned all the time. **Panting and Gaspings for air.**

**Cough:** Cough by spells, with brownish expectoration. **Panting,** rattling of mucus in chest, cough with burning in chest.

**Expectoration:** Expectoration of **green mucus or yellow pus or spitting of blood.**

**Pains:** Constant **burning distress** in heart region. **Burning pain** in the chest. \*Sensation of **great weakness and fatigue in chest.**

**Modalities:** **Cough worse in evening,** going from a warm to cold place, in bed. **Great weakness on exertion.**

**HOMEOPATHIC  
MEDICINE**



***Vegetable charcoal***

## 6. Homeopathic Remedies for Pneumonia

### *Ferrum phosphoricum*

**Generals:** First stage of inflammation before exudation takes place. Inflammation of lungs, in infants, pleural pneumonia, early stages of febrile conditions. **Congestion of lungs** whether at onset of disease or during its course. **Rapid, short, quick, soft pulse.** perspiration, heat with sweaty hands. It corresponds to **secondary pneumonia in the aged and debilitated.**

**Mind:** Tired weak feelings. **Apathetic** and listless. [Gels.] Anger and apathy. **Keeps quiet.** Averse to company. Indifferent to pleasurable things.

**Breathing:** Short, painful, breathing, Shortness of breath.

**Cough:** Short, painful, **tickling cough.** Hard, dry cough, with sore chest. **Hacking, tormenting, Spasmodic cough,** worse morning and evening. Paroxysmal cough. Cough with **retching and vomiting.** Tormenting cough, when bending head forward or touching larynx.

**Expectoration:** Expectoration is thin watery and blood streaked. Expectoration of pure blood in pneumonia, [Mill., Phos.] **Fever, oppressed feeling and hurried breathing and bloody expectoration.**

**Pains:** Chest feels heavy, sore, congested. Bruised soreness. Pleurisy, sharp pain, right side, worse coughing and deep breathing.

**Modalities:** Cough better at night. Worse morning and evening. Cough worse at night, with much rattling of mucus in chest. Little thirst or appetite. Better cold applications, **Better from rest.** Cough worse going into open air.



**HOMEOPATHIC  
MEDICINE**

*Iron phosphate*

## 6. Homeopathic Remedies for Pneumonia

### *Kali carbonicum*

**Generals:** Inflammation of lungs, right lung, right lower lobe. \*Infantile pneumonia during whooping cough. Affect lower part of right lung. Indicated when Chilly, with hot hands. **Swelling over upper eyelids in morning, like little bags**, [under eyes, Apis.] (Ant-tart and Ipec.) **Never well since pneumonia**, [Phos.]. Ever since pneumonia then get a lot of colds.

**Mind: Obstinate**, Irritable and demanding. **Discontented**. Peevish. Despondent. Fixed ideas.

**Breathing: Dyspnea and great mucus in chest.** Great **difficulty of breathing**, preventing one from sleeping or drinking.

**Cough:** \*Wheezing, rattling breathing, with **choking cough**. Dry hacking cough. Dryness of pharynx.

**Expectoration:** Fails to raise the expectoration. **Dyspnea and great mucus in chest.** Purulent, blood streaked mucus. Scanty, thick expectoration.

**Pains: Stitching pains and sharp pains**, [Bry.] Chest very sensitive. **Sharp stitching pain** in chest, worse by motion. Coldness of chest. Chest pains toward left scapula. **Backache**, intolerance of cold, hypersensitive to pain, thirsty. After pleural pneumonia, cutting chest pains.

**Modalities: Leaning forward relieves. Worse in the middle of the night 2-4 a.m.** Worse lying on the affected side, or lying on right side. Worse with heat.



**Potassium Carbonate**

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Phosphorus*

**Generals:** Weak lungs, tendency to respiratory problems. **Colds go to the chest** or bronchials, [Bac.]. Inflammation of lungs, right lung, right lower lobe, left lung. **Hepaticization of lungs. Long narrow,** hard stools. Viscid night sweats, profuse perspiration. chilly. **Pneumonia in infants and the elderly.** Tall, slender, persons, with a weak chest. Thirsty for cold drinks. Follows Bry. and is complimentary.

**Mind:** Listless, apathetic, indifferent, anxious, from being alone. Fears and anxiety.

**Breathing:** \*A large portion of lung is involved, and there is great dyspnea. **Oppressed respiration,** tightness across chest, **weight on chest,** [Lob.]

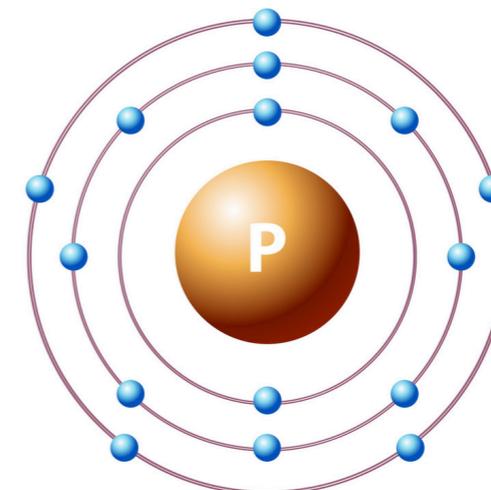
**Cough:** \*Tightness across chest, dry cough and **rust-colored** sputa," [Bry.] Cough with pain under sternum; mucus rales. Hard, dry, tight, racking cough, worse cold air.

**Expectoration:** Sputa is yellowish mucus with blood streaks or rust colored. Rusty sputum or blood streaked or coughs up pure blood. **Pleural pneumonia,** rusty, purulent, blood streaked sputum.

**Pains:** **Oppressed respiration,** tightness across chest, **weight on chest,** [Lob.] Burning, heat in chest. Stitching pains excited or aggravated by coughing, breathing, or lying on **left side,** [Acon.] \*Sensation of weakness and emptiness in abdomen. In **violent cases.** Stitching chest pains.

**Modalities:** Cough from warm room into cold air. Sensitive to light, noise, touch. Pneumonia, **worse lying on left side. Craves cold drinks,**

15      **Phosphorus**      P



Atomic mass: 30.973

Electron configuration: 2, 8, 5

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Pneumococcinum*

**Generals:** Pneumonia and chronic bronchitis. Feeling of having a feather in the throat (Kali-bi.). Sinusitis. Tracheitis. **Chronic Emphysema.** Cardiac palpitations.

**Mind:** Depressive condition with anguish, anxiety. **Loss of memory.** Desire to stay at home, horror of going out (Sep.). Lack of taste for life. Impression that the **patient is going to collapse, that he cannot walk.** Very afraid of being ill, of dying.

**Breathing:** **Respiratory complaints** localized in the bronchial region.

**Cough:** **Sickening cough** in the morning after breakfast. Does not cough any more after 9 a.m. **Coughs a great deal** as a result of frequent bronchitis during childhood. Has to stoop to cough. **Dry cough in the cold or heat.** Coughs in the heat, particularly when entering a hot room and clears the throat (Rhus-t.).

**Expectoration:** Incessant cough with **no expectoration,** especially at night with nausea.

**Pains:** **Constricting pains,** as if in a vice (Cact.). **Acute pains,** which come suddenly of the **stinging pains,** (Nit-ac.) or cramping type (Cupr.), lasting only a short while. Depressive condition associated with **pains situated all over the cervical and dorsal** regions. Neuralgia of the skull.

**Modalities:** **Better** from the **open air,** in the country. **Better** from **movement,** **Better** from a **hot foot-bath,** **Better** a **short nap** after meals (Nux-v.). **Worse** on entering a **warm room,** from **damp,** before menses. **Worse** from **inactivity** (Rhus-t.), sitting for a long time, especially when remaining motionless, rest at night. **Pains** aggravated by rest, at night, better by movement, (Rhus-t.).

**HOMEOPATHIC  
MEDICINE**



## 6. Homeopathic Remedies for Pneumonia

### *Sulphur*

**Generals:** In any stage of pneumonia. *Especially in infants.* Burning pains, [Ars.]. Child kicks the covers off. Inflammation of lungs, left lung, left lower lobe. **Frequent flushes of heat, dry skin, great thirst, night sweats,** nape of neck and occiput. Red, brown spots all over chest. Thirsty, chilly. Constant heat on vertex. **Dry tongue, weakness and faintness** are characteristic. Psoric constitutions with tendency to develop into pneumonia. **Neglected pneumonias, pleural pneumonia.** Protracted cases, occurring in psoric or scrofulous subjects.

**Mind:** Forgetful, selfish, peevish, delusions, irritable. Slow speech.

**Breathing:** **Suffocative air hunger,** irregular breathing.

**Cough:** Loose cough, worse talking, morning.

**Expectoration:** Muco-purulent, bloody, expectoration. Greenish, sweetish sputum, much rattling in chest.

**Pains:** **Constant burning distress in chest region.** Oppression and burning in chest. Stitching pains shoot through to back, worse lying on back or breathing deeply. **Chest feels heavy, with heart feeling too large.**

**Modalities:** **Dyspnea** in middle of night, **better sitting up.** Must lie on back, **lying on back ameliorates.** Rattling and heat in chest at **11 a.m.** **Dyspnea** <12 and 2 a.m. at midnight causing patient to sit-up in bed. **Difficult respiration, wants windows open.**

**HOMEOPATHIC  
MEDICINE**



## 6. Homeopathic Remedies for Pneumonia

### *Tuberculinum aviaire*

**Generals:** Tub-a. acts most prominently on the **apices of the lungs** and it corresponds most closely to the bronchitis of influenza, which **simulates tuberculosis**, having cured several hopeless-looking cases. It has also done excellently in some cases of **bronchitis** following measles.

**Broncho-pneumonia.** Broncho-pulmonary diseases of children.

**Mind: Depressed.** Easily frightened. Mentally changeable in feeling and purpose. Desires change. **Dissatisfied** with present conditions and surroundings. Desperate, wicked feelings. **Lack of moral sense. Restlessness**, the desire for change is physical as well as mental.

**Breathing:** Considerable cough and little dyspnea. A cough which fatigues and which leads to enfeeblement and loss of appetite. Pulmonary congestion.

**Cough: Coughs are irritating, incessant and tickling, loss of strength and appetite.** Dr. Francois Cartier of France found it useful in broncho-pneumonia of children and **persistent cough** after influenza and measles. Tub-a. has considerable cough and little dyspnea.

**Expectoration:** Rales and moist crepitation, dullness, exaggeration of the thoracic vibration, expectoration, fever, perspiration, spitting of blood. Old catarrhal lungs full of mucus excretions.

**Pains:** Itching of palms and ears. Coughs are irritating, incessant and tickling, loss of strength and appetite.

**Modalities:** Worse from long lasting **chronic fatigue** after the influenza or pneumonia.



***Bird Tuberculosis***

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Veratrum viride*

**Generals:** First stage, when congestion and inflammations have fairly set in. **High fever, with strong, quick pulse**, [Bell., Acon.] **Flushed face and dilated pupils**, [Bell.] **Pneumonia with faint feeling in stomach and violent congestion.** Sinking, faint feeling in pit of stomach. Intermitting pulse. **Full, hard and rapid pulse.** Red streak through the centre of tongue. Great arterial excitement, dyspnea, chest oppression and stomach symptoms of nausea and vomiting.

**Mind: Quarrelsome.** Loquacity. Suspicious nature. Fear of seeing her physician. **Fear of being poisoned.** Delirium, furious, screams, howls, strikes, muttering.

**Breathing:** Inflammation of lungs with difficult respiration. Dyspnea. **Difficult breathing.** Slow and heavy breathing, as of a load on chest.

**Cough:** Coughing with congestion of lungs. **Coughing, with faint feeling in stomach** and violent congestion. Croupy cough. Violent cough from very start.

**Expectoration: Bloody or clear mucus.** Violent congestion about chest preceding pneumonia. Nausea and vomiting a glairy mucus.

**Pains: Burning in chest. Sensation of a heavy load on chest.** Constant burning distress in heart region.

**Modalities:** Vomiting after drinking cold water. Increased fever in evening, decreased in morning. **Better from rubbing, lying with head low.** Better eating. Worse from raising up, lying on back. Worse cold, going from warm to cold. Worse morning, on waking, evening. **Motion aggravates, sudden motion** causes faintness. **Lying down aggravates breathing.**



***False Hellebore***

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Second Group of Remedies for Pneumonia*

***Ammonium carb.*** - **Panting, labored breathing** (stertuous breathing). Difficult breathing with **lack of oxygen**. Good remedy for congestive heart failure. Faint like easily with a blue tinge.

***Calcarea carb.*** - Inflammation of lungs, **upper lobes, left lobe, pleural pneumonia, neglected pneumonias**, painless hoarseness, chest very sensitive to touch (Lach), pressure, percussion, tight, burning, sort chest, **worse going up stairs, extreme dyspnea**.

***Chelidonium*** - Inflammation of lungs, **right upper lobe**, left lower lobe, quick, **short respirations**, pain in right side of chest and shoulder, **loose rattling with difficult expectoration, pain under inner and lower right scapula**. Pain beneath the right scapula. Bitter taste in mouth with coating of the tongue. **Right sided pneumonia. Bilious pneumonia** is indication. Stitching pain under right scapula. Cough is loose, rattling and difficult expectoration.

***Hepar sulph*** - After phos. as the exudates begins to soften. **Cough after exposure to dry cold wind, rattling of mucus**. Worse by cold air or drinks. **Cough when any part of body is uncovered**. Patient has to sit up and bend back in asthma.

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Second Group of Remedies for Pneumonia*

***Ipecac*** - \*Pneumonia of infants, [Kali c. Op.] Respiration rapid, difficult, surface blue, face pale. \****Rattling of mucus*** in chest. \*The chest seems full of phlegm, but does not yield to coughing, [Ant. tart.] Inflammation of chest in infants, cough incessant. Violent cough with every breath. Child becomes stiff, blue. **Coughs up blood or a clot of pure blood. Oppressed breathing.** Gagging and choking. **Nausea and vomiting**, coughs, then vomits. [Dros.] Thirstless, refuses all food and drink. Clean tongue. Cough incessant and violent with every breath. **Chest seems full of phlegm.** Bubbling rales. **Constriction in chest with nausea.** Hoarseness. cough dry and asthmatic. Rattling cough. Fever with nausea, thirst.

***Iodine*** - **First and second stage of pneumonia, croupous** form. High fever and thirst less. Rapid tendency for hepatization. Cough and **dyspnea as if chest would not expand.** Sputum blood streaked. Iodine arrests process of hepatization. **Great weakness about chest.** Difficult expansion of chest. Cough from tickling in larynx. Cough as from a feather in throat. **Croupy cough** with difficult respiration, wheezing.

***Lobelia inf.*** - Great depression and exhaustion. Inflammation of lungs, in infants, dyspnea from constriction in chest, **sensation of pressure of weight on chest**, worse any exertion. Sensation of pressure or weight in chest, better by rapid walking. **Violent pains in chest**, worse on breathing deeply. **Rattle in chest**, but does not expectorate. **Cough with vomiting, yawning.** Cramping, ringing cough, short breath, catching at throat. **Spasmodic cough** with sneezing, belching or gastric pain, worse motion. **Hyperventilation.** Short inhalation and long, deep exhalation. Panting, threatened with suffocation, fear of death. **Dyspnea from constriction of chest**, worse any exertion.

**HOMEOPATHIC  
MEDICINE**

## 6. Homeopathic Remedies for Pneumonia

### *Second Group of Remedies for Pneumonia*

***Lycopodium*** - Inflammation of lungs, ***right lung***, in infants, neglected pneumonias. Stitching pains in right side, worse respiration. **Rusty, purulent, blood streaked sputum.** Flaring nostrils, dyspnea, cough is deep, hollow, salty expectoration, [Ant-t., Phos, Puls, Sep] Chest seems full of rattling mucus. **Fever with chills**, followed by sweat, **worse from 4-8 p.m.** Much **digestive gas and bloating.** Rapid pulse, burning between scapulae, chilly perspiration, intolerance of cold drinks, craves warm, **fear of being alone, apprehensive, headstrong when sick.** \*Typhoid or neglected pneumonia, [Phos. Rhus. Sulph.] Circumscribed redness of cheeks, [Sang.] Copious expectoration mixed with pus. \*Fan like motion of nostrils, [Phos.] **Great fear of being left alone**, [Aral.] \*Red, sandlike sediment in urine.

***Mercurius sol.*** - Catarrh, with chilliness, dread of air. **Much saliva, metallic taste.** Cough at first dry, afterwards attended with bloody expectoration. **Respiration, worse lying on left side**, but cough worse lying on right. **Perspiration does not relieve. Bilious pneumonia**, [Ant. tart.] **Oppressed breathing**, with stitches in right chest through from scapulae. \*Great tenderness over region of stomach and liver. \***Profuse sweat**, affording no relief. Inflammation of lung, right lung, right lower lobe. **Pneumonia in infants, pleural pneumonia, cough, with yellow muco-purulent sputum.** Cannot lie on right side, [left Phos.] Stitches from lower lobe to right lung to back. Profuse nightly perspiration, debility from perspiration. Heat and shuddering alternately. Creeping chilliness worse evening, night. **Debility, mistrustful, weary**, intense thirst for cold drinks, chilly.

***Opium*** - Unable to understand or appreciate his sufferings. **Pneumonia of infants**, where the inflammation is disguised by symptoms of cerebral congestion. All complaints are characterized by a stupor. **Very sleepy.** \*Deep, snoring breathing, with wide open mouth. **Oppressed respiration**, tightness across chest. Expectoration frothy, containing blood and mucus. **Stupefying sleep. Heavy, deep sleep, and stertorous breathing.** Tension and constriction in chest.

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## 6. Homeopathic Remedies for Pneumonia

### *Second Group of Remedies for Pneumonia*

**Sanguinaria** - Advanced stages, [Carb. v.] Great difficulty of breathing. Position upon back with head well elevated. **Stitching, burning pains in chest.** Cough, with tough, rust colored sputa. **Circumscribed redness of cheeks**, particularly in afternoon. Fever, burning and fullness in the upper chest. Sharp, stitching pains on right side. **Dry cough, dyspnea and expectoration of rust color sputum.** Engorgement and congestion of lungs.

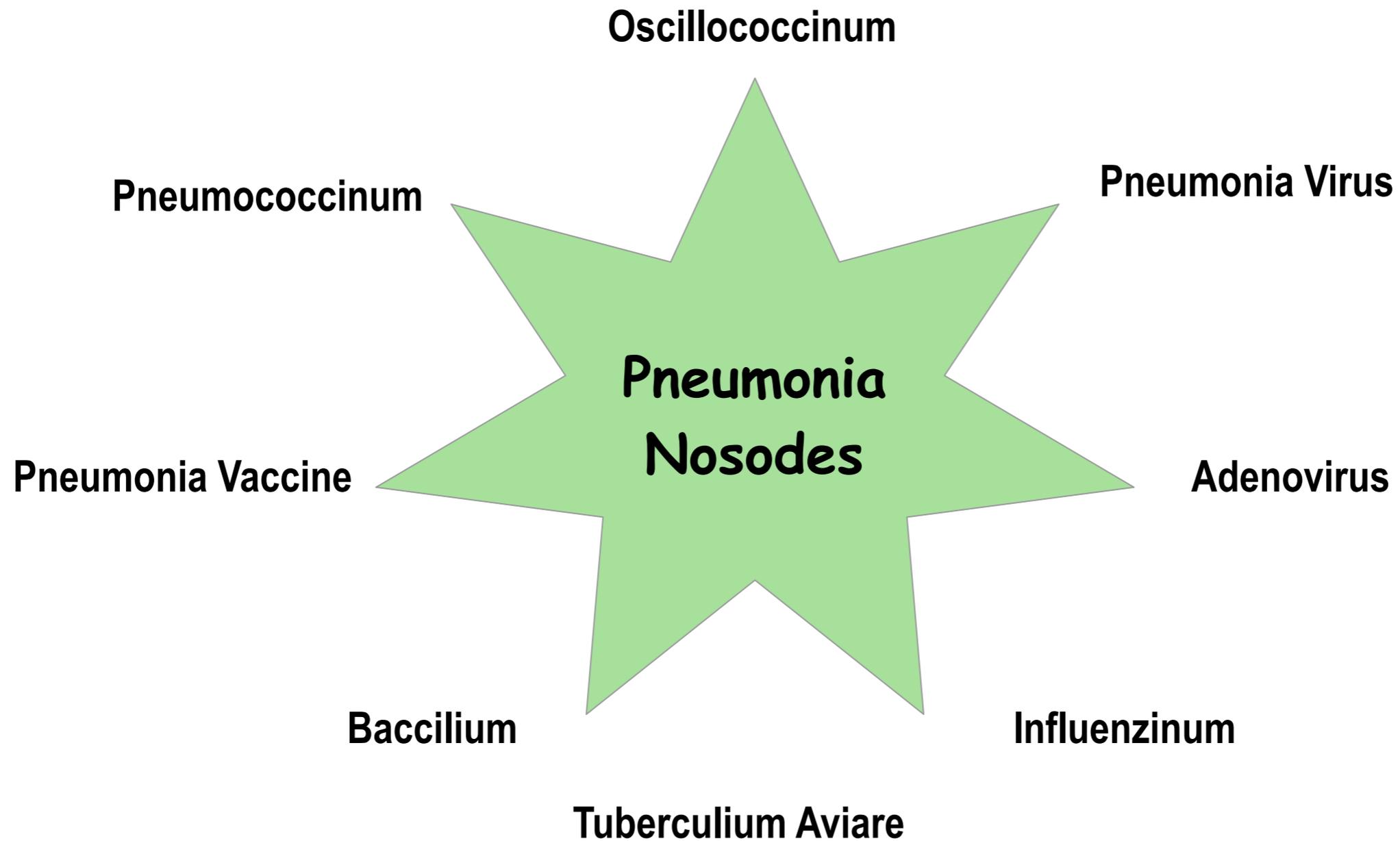
**Senega** - Inflammation of lungs, in **elderly, pleural pneumonia**, neglected **pleural pneumonia**, bursting pain in back after cough, circumscribed spots in chest after inflammation, thorax feels too narrow, cough often ends in a sneeze, rattling in chest, [Ant. t.] **Bronchial catarrh** with sore chest walls. **Oppression in chest on ascending.** Sensation of weight on chest. **Pressure on chest** as if lungs forced back to spine. Burning of air passages. Subacute states, blood stained or albuminous expectoration. Chest pains shift on stooping. **Difficulty in raising tough, profuse mucus**, in aged, old asthmatics with congestion. Pleural exudates, hydrothorax, [Merc., Sulph.]

**Silica** - Weak lungs. **Shortness of breath**, from manual labor, walking fast. **Slow recovery after pneumonia, neglected pneumonias.** Violent cough when lying down with thick, yellow, lumpy sputum. **Chilly, very sensitive to cold air**, cold limbs, even in a warm room. **Sweats at night.** Worse towards morning. Rattling in chest. Profuse foul, **yellow, lumpy sputum**, granular, offensive.

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## 6. Homeopathic Remedies for Pneumonia

*Homeopathic Nosodes for prevention, treatment and recovery of pneumonia*



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## 7. Pneumonia Homeopathic Repertory



## 7. Pneumonia Homeopathic Repertory

### Major Rubrics for Pneumonia

***Pneumonia, infection***

***Anxiety, pneumonia***

***Breathing, gasping***

***Breathing, irregular***

***Breathing, panting***

***Breathing, painful***

***Breathing, suffocation***

***Broncho-pneumonia***

***Catarrh, lungs***

***Children, pneumonia***

***Colds, tendency, to take***

***Coughing, general***

***Coughing, painful***

***Elderly, pneumonia***

***Infants, pneumonia***

***Left, lung***

***Neglected, pneumonia***

***Pleura-pneumonia***

***Pulmonary, edema***

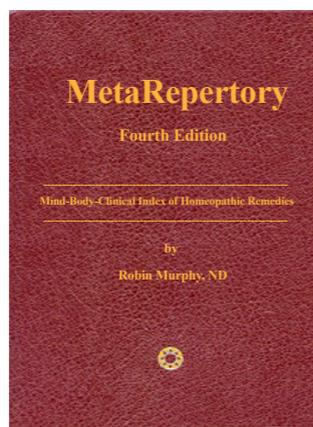
***Restlessness, fever, with***

***S.A.R.S., severe acute respiratory***

***Stages, of pneumonia***

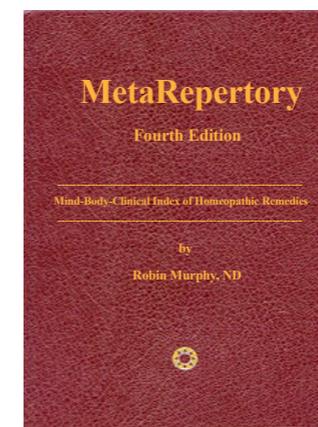
***Right, lung***

***Weak, lungs***

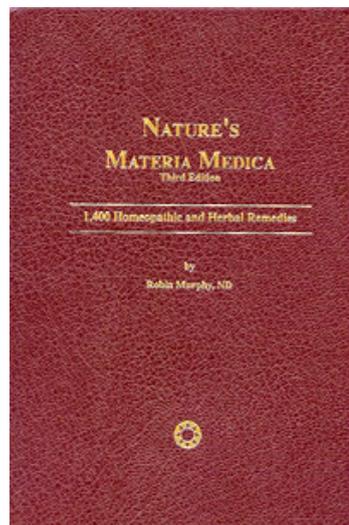
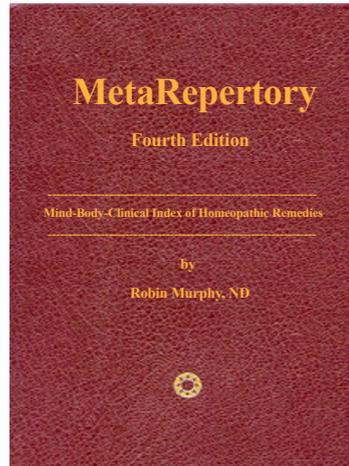


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## 7. Pneumonia Homeopathic Repertory

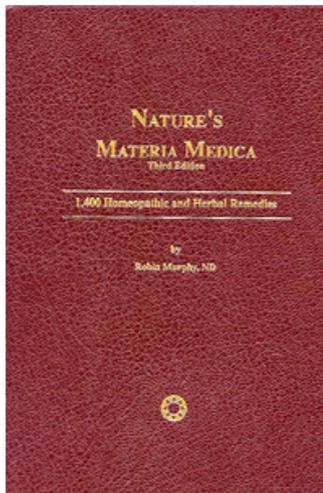
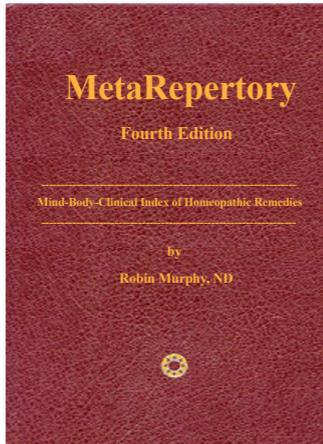


**PNEUMONIA**, infection - abies-n., acet-ac., acetan., **ACON.**, adam., adon., aesc., **agar.**, alco., **all-c.**, all- s., **am-c.**, am-i, am-m., **ant-ar.**, **ant-c.**, ant-i., ant-s., **ANT-T.**, anthr., **apis**, apoc., apom., aran., **arg-n.**, **ARN.**, **ARS.**, **ARS-I.**, ars-s-f., arum-t., asaf., asar., **asc-t.**, aur., aur-m., ba-tn., **bac.**, **bad.**, **bapt.**, bar-c., bar-i., **BELL.**, bell-p., berb., **benz-ac.**, beryl., **blatta**, bor-ac., both-l., brass., **brom.**, **BRY.**, cac., **cact.**, cadm., **calc.**, calc-p., calc-s., calc-sil., calen., camph., **cann-s.**, canth., caps., carb-ac., **carb-an.**, **CARB-V.**, **carbn-s.**, **CARC.**, card-m., **caust.**, cham., **CHEL.**, chin-ar., **chin.**, **chlor.**, choc., cina, cocc., coff., coffin., **con.**, cop., corn., **crot-h.**, **cupr.**, dam., dauc., **dig.**, dios., dpt., **dros.**, dulc., dys-co., **elaps**, eup-per., **FERR.**, **ferr-ar.**, **ferr-i.**, **FERR-P.**, fic., frag., fuc., **gels.**, glon., gins., glyc., graph., **grin.**, guai., **HEP.**, **hippoz.**, **hyos.**, hyper., ign., influ., insulin., **iod.**, iodof., **ip.**, irid., iris, jab., just., kali-ar., **kali-bi.**, **kali-br.**, **KALI-C.**, **kali-chl.**, kali-hp., **kali-i.**, kali-m., **kali-n.**, **kali-p.**, **KALI-S.**, **kreos.**, lac- c., **lach.**, **lachn.**, **laur.**, lec., led., lith-c., **LOB.**, **LYC.**, lycps., lyss., mag-s., maland., mang., med., **MERC.**, merc-c., merc-cy., mez., **mill.**, morg., morph-s., mosch., mur-ac., myos., myrt-c., nat-ar., **nat-m.**, **NAT-S.**, nig-s., **nit-ac.**, nux-v., ol-j., **op.**, osm., ox-ac., pers., petr., **ph-ac.**, **PHOS.**, phys., plan., plb., **PNEU.**, **pneu-v.**, **pneu-vac.**, podo., **psor.**, **PULS.**, **pyrog.**, **ran-b.**, rhod., **RHUS-T.**, rumx., ruta, **sabad.**, sal-ac., **SAMB.**, samb-c., **sang.**, sec., senec., **SENEG.**, **SEP.**, **sil.**, skat., solin., spig., **spong.**, **SQUIL.**, stann., stann-i., **stram.**, stroph., strept., stry., sul- ac., sul-i., **SULPH.**, syc-co., syph., tarax., **ter.**, thlaspi., thuj., toxo., **TUB.**, **tub-a.**, **tub-k.**, ulm., urt- u., uva., valer., **verat.**, **VERAT-V.**, x-ray.



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**Anxiety**, pneumonia, in - **ACON.**, am-c., ant-ar., **ant-t.**, anthr., **ARS.**, bell., bry., **carb-v.**, **chel.**, cupr., hep., iod., ip., kali-c., lob., merc., nat-s., **PHOS.**, samb., sil., **spong.**, **squil.**, sulph., zinc.

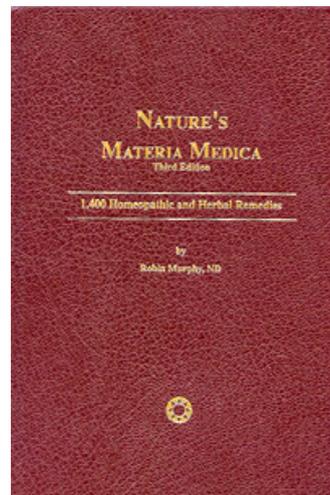
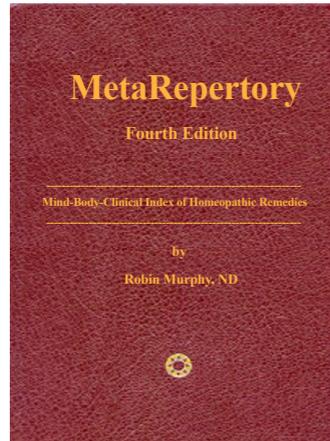
**Breathing, gasping**, (see Panting) - acet-ac., **acon.**, **am-c.**, **ANT-T.**, **APIS**, **apoc.**, **arg-n.**, **ARS.**, ars-h., **BLATTA.**, **brom.**, bry., camph., canth., carb-an., **CARB-V.**, cast., caust., cench., chin., chin-s., **chlor.**, **cic.**, cina, coc-c., **coff.**, **colch.**, **coloc.**, cor-r., **CROT-H.**, cub., cupr., **dig.**, **dros.**, dulc., gels., **hell.**, **hydr-ac.**, hydrc., hyos., **hyper.**, **IGN.**, **ip.**, kali-n., lach., lat-m., **laur.**, lob., **LYC.**, lyss., **med.**, meph., merc., **mosch.**, **naja**, nicc., **OP.**, **phos.**, phyt., puls., samb., **SPONG.**, **stram.**, stry., sul-ac., syc-co., **tab.**, tarent., thuj., verat., vip.

**Breathing, irregular**, (see Cheyne stokes) - absin., acet-ac., acon., **AIL.**, ambr., anac., **ANG.**, **ant-t.**, arn., **ars.**, ars-i., asar., aur., aur-ar., aur-i., aur-s., **BELL.**, cadm-s., calad., **camph.**, canth., **CARB-V.**, **cham.**, chin., chin-s., chl-f., cic., **cina**, clem., coca, cocc., coff., **colch.**, crat., **crot-h.**, **CUPR.**, cupr-s., **DIG.**, dros., gels., grin., hell., hipposz., hydr-ac., hyos., **ign.**, **iod.**, iodof., ip., ipom., kalam., kali-cy., laur., led., lyss., merc., mez., **MORPH.**, mosch., nicc., **nux-v.**, olnd., **OP.**, phos., plb., psil., **puls.**, ruta, sec., sep., sol-t-ae., spong., stram., **stry.**, sul-ac., **sul-i.**, sulph., tab., tax., ter., tril., valer., verat., verat-v., zinc., **zinc-p.**



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**Breathing, painful** - *acon.*, *aesc.*, *aeth.*, *apis*, *arn.*, **ARS.**, *asc-t.*, *bell.*, *brom.*, **BRY.**, *but-ac.*, *chin.*, *cimx.*, *coff.*, *croto-t.*, *dig.*, *guai.*, *iod.*, *iodof.*, *jug-c.*, **KALI-C.**, *led.*, *mez.*, *nit-ac.*, *ol-j.*, *phos.*, *plb.*, **RAN-B.**, *sang.*, *viol-o.*, *zing.*

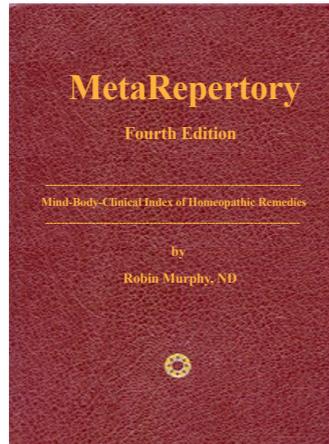
**Breathing, panting**, (see Gaspings) - **ACON.**, *alum.*, *aml-n.*, *amyg-am.*, *anac.*, *ant-ar.*, *ant-t.*, *apoc.*, *arg-n.*, *arn.*, *ars.*, *bar-c.*, *bell.*, *bry.*, *bufo*, *calad.*, **CALC.**, *calc-p.*, *camph.*, *carb-an.*, **CARB-V.**, *caul.*, *cham.*, *chin.*, *chlor.*, *cina*, **COCA**, *cocc.*, *con.*, *cop.*, *cor-r.*, *crot-h.*, *cupr.*, *dig.*, *dros.*, *ferr.*, *graph.*, *grin.*, *hell.*, *hyos.*, **IGN.**, *ip.*, *jatr.*, *kali-bi.*, *kali-c.*, *kreos.*, *lap-c-b.*, *laur.*, *lob.*, *lyc.*, *merc.*, *mur-ac.*, *naja*, *nit-ac.*, *nux-m.*, *nux-v.*, *op.*, **PHOS.**, *phyt.*, *plan.*, *plb.*, *prun.*, *puls.*, *rad-br.*, *samb.*, *sec.*, *senn.*, **SIL.**, *spong.*, *squil.*, *stann.*, *stram.*, *sulph.*, *tarent.*, **VERAT-V.**, *vip.*, *zinc.*

**Breathing, suffocation**, (see Stopped, breathing) - *acet-ac.*, *acon.*, **AM-C.**, **ANT-T.**, *arn.*, *ars.*, *bell.*, **BLATTA.**, *camph.*, **CARB-V.**, *carb-n-s.*, *chin.*, *chlor.*, *cimic.*, *coch.*, *coff.*, *coloc.*, *crot-h.*, *cupr.*, *hydr-ac.*, *hyos.*, *lat-m.*, **LAUR.**, *merc.*, *nit-ac.*, *nux-v.*, **OP.**, *ph-ac.*, *phos.*, *rhus-t.*, *sec.*, *sin-n.*, *stram.*, *sul-ac.*, *sul-h.*, *tab.*, *upa.*, *vip.*

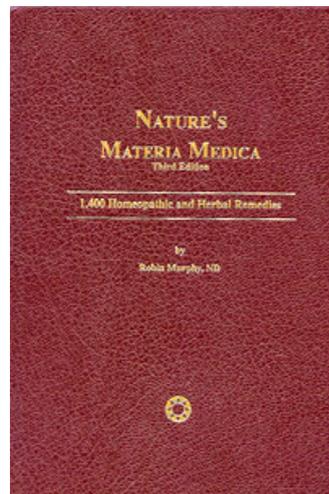


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**Broncho-pneumonia** - **ACON.**, aeth., *am-c.*, am-i., ant-ar., **ANT-T.**, arn., ars., ars-i., bac., **BELL.**, **BRY.**, calc., caps., carc., cham., **CHEL.**, **DIG.**, ferr-p., glyc., hep., *iod.*, *ip.*, *just.*, **KALI-BI.**, **KALI-C.**, *lob.*, **LYC.**, merc., *morg.*, morg-g., nit-ac., nux-v., op., osm., **PHOS.**, puls., **SAMB.**, *seneg.*, sil., sol-n., **SPONG.**, **SQUIL.**, **SULPH.**, **TER.**, tub., tub-a.

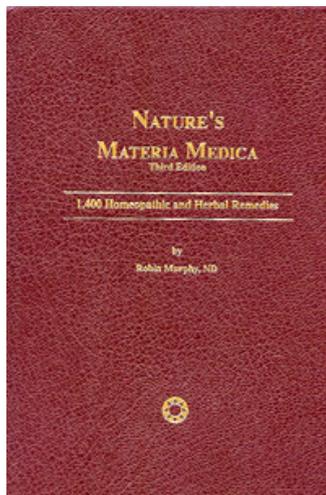
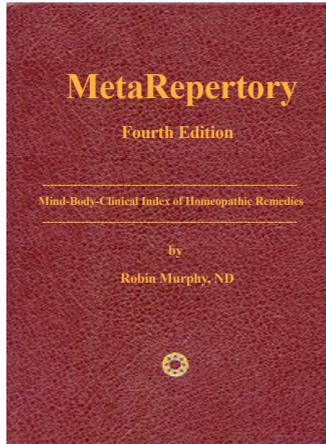


**Catarrh, lungs** - *acon.*, agar., alum., alumn., am-c., am-m., *ammc.*, ant-ar., *ant-c.*, ant-s., **ANT-T.**, *apis*, arn., **ARS.**, ars-i., ars-s-f., asc-i., aur., *aur-m.*, bac., bals-p., **BAR-C.**, bar-i., **BAR-M.**, bar-s., benz-ac., **BLATTA**, brom., **BRY.**, **CACT.**, **CALC.**, calc-i., *calc-s.*, calc-sil., cann-s., canth., carb-ac., carb-v., carbn-s., *caust.*, chel., chin., choc., cist., *coc-c.*, cop., *dros.*, **DULC.**, dys-co., ferr., ferr-ar., ferr-i., *ferr-p.*, gaert., *guai.*, **HEP.**, hepat., *hippoz.*, *hydr.*, ilx-a., *iod.*, *kali-ar.*, **KALI-BI.**, kali-br., *kali-c.*, **KALI-CHL.**, kali-hp., kali-i., kali-p., **KALI-S.**, *kali-sil.*, *kreos.*, lac-d., *lach.*, *lact.*, **LYC.**, **MERC.**, mit., myos., narc-ps., *nat-m.*, *nat-s.*, **NUX-V.**, ol-j., *petr.*, ph-ac., phel., **PHOS.**, phys., phyt., podo., *psor.*, ptel., **PULS.**, *rhus-t.*, *rumx.*, **SAMB.**, **SANG.**, sant., sel., *senec.*, **SENEG.**, sep., **SIL.**, silphu., sin-n., *spong.*, squil., **STANN.**, stict., sul-ac., sul-i., **SULPH.**, tarax., *ter.*, thuj., *tub.*



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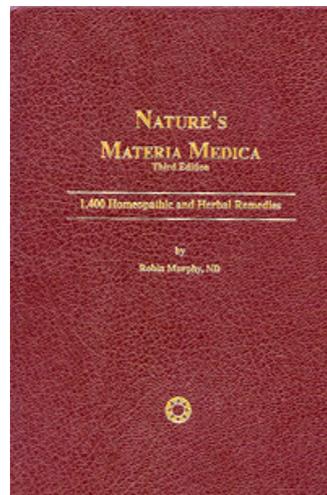
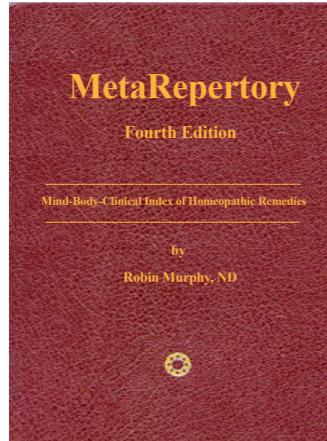
**Children, pneumonia** - **ACON.**, aeth., am-c., **ANT-AR.**, ant-c., **ANT-T.**, arn., ars., bac., **bell.**, **BRY.**, calc., cann-s., **carc.**, cham., chel., **FERR-P.**, **hep.**, **IP.**, **KALI-BR.**, **KALI-C.**, kali-i., **LOB.**, **LYC.**, **MERC.**, **NUX-V.**, **OP.**, **PHOS.**, **puls.**, **SAMB.**, **sang.**, **sil.**, spong., **SULPH.**, tub.

**COLDS, tendency, to take** - **ACON.**, aesc., agar., **ALL-C.**, **ALUM.**, alum-p., alum-sil., alumn., am-c., am-m., anac., **ant-c.**, ant-t., aral., aran., **arg-n.**, arn., **ars.**, **ars-i.**, ars-s-f., **BAC.**, **BAR-C.**, bar-i., bar-m., bar-s., **bell.**, benz-ac., bor., **BRY.**, calad., **CALC.**, calc-i., **CALC-P.**, **calc-s.**, calc-sil., **calen.**, camph., caps., carb-an., **carb-v.**, **carbn-s.**, **carc.**, caust., **CHAM.**, chin., chin-ar., cimid., cinnb., cist., clem., cocc., coc-c., coff., colch., coloc., **con.**, croc., cupr., cycl., dig., dros., **DULC.**, dys-co., elaps, eup-per., euphr., **ferr.**, ferr-ar., ferr-i., **FERR-P.**, **form.**, gast., **gels.**, goss., **graph.**, ham., hed., **HEP.**, hyos., hyper., ign., iod., ip., kali-ar., **kali-bi.**, **KALI-C.**, **KALI-I.**, **KALI-P.**, kali-s., kali-sil., **lac-d.**, lach., led., **LYC.**, m-arct., m-aust., mag-c., mag-m., **MED.**, **MERC.**, mez., naja, **NAT-AR.**, **nat-c.**, **NAT-M.**, nat-p., nat-sil., **NIT-AC.**, **nux-m.**, **NUX-V.**, ol-j., op., osm., **petr.**, **ph-ac.**, **PHOS.**, plat., **PSOR.**, **puls.**, rhod., **rhus-t.**, **RUMX.**, ruta, sabad., sabin., **samb.**, sang., sars., sel., senec., **SEP.**, **SIL.**, solid., spig., stann., staph., sul-i., **sulph.**, **sul-ac.**, syph., **THUJ.**, **TUB.**, valer., verat., verb., zinc.



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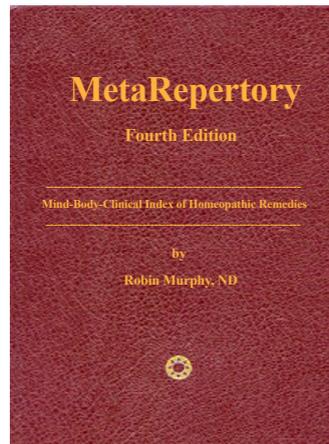
**Coughing, general, complaints, of** - **ACON.**, *acet-ac.*, aeth., agar., *all-c.*, ambr., *am-m.*, anan., ang., ant-c., **ANT-T.**, anth., arg-n., am., **ARS.**, *ars-i.*, arum-t., **BAC.**, bad., **BELL.**, brom., *bry.*, calad., calc., **CARB-V.**, carbn-h., carbn-s., **CAUST.**, cham., chel., **CINA**, cocc., **COC-C.**, con., **COR-R.**, croc., crot-c., **CUPR.**, dig., **DROS.**, elaps, ferr-p., **HEP.**, hydr-ac., **HYOS.**, ign., indg., iod., **IP.**, jatr., kali-c., **KALI-BI.**, kali-br., kali-c., kali-chl., kali-n., kali-p., kali-s., *kreos.*, lach., lact., laur., *lob.*, *lyc.*, mag-c., *mag-p.*, mang., *menth.*, **MEPH.**, **MERC.**, merc-c., merc-i-r., nat-c., nat-m., nicc., nit-ac., **NUX-V.**, olnd., op., *osm.*, **PHOS.**, phyt., plb., psor., **PULS.**, rhod., **RHUS-T.**, **RUMX.**, ruta, *sabad.*, sang., sarr., seneg., **SEP.**, sil., **SPONG.**, **SQUIL.**, **STANN.**, staph., stict., **SULPH.**, sul-ac., **TARENT.**, thuj., **TUB.**, **VERAT.**, viol-o., *zinc.*

**Coughing, painful, cough** - *acon.*, *agar.*, *ail.*, **ALL-C.**, am-br., anis., ant-o., ant-t., apis, arn., arum-t., bell., beryl., bor., brom., **BRY.**, calad., calc-p., *caps.*, carbn-s., card-m., **CAUST.**, chel., chin., coc-c., cop., cor-r., crot-h., **CUPR.**, **DROS.**, elaps, eup-per., ferr-p., gymn., *hep.*, iod., kali-bi., **KALI-C.**, *kreos.*, lact., *lob.*, med., *merc.*, merc-c., nat-c., *nat-m.*, nat-s., **NUX-V.**, phos., ran-b., *rhus-t.*, rumx., sang., seneg., **SPONG.**, *squil.*, stann., staph., stict., sulph., tarent., thymu., thyr., ust., visc.

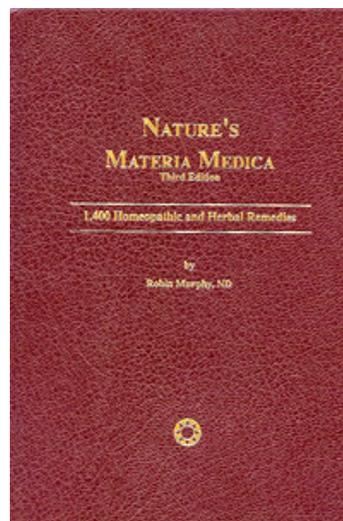


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**Elderly, people, pneumonia** - **ACON.**, am-c., ant-ar., **ANT-T.**, **ARS.**, *bac.*, bar-c., **BELL.**, **BRY.**, **CARB-V.**, *cham.*, chel., **DIG.**, **FERR.**, **FERR-P.**, gels., **HYOS.**, iod., *ip.*, kali-bi., **KALI-C.**, kali-i., lach., lyc., **MERC.**, naja, **NAT-S.**, **NIT-AC.**, **NUX-V.**, **OP.**, **PHOS.**, samb., *sang.*, **SENEG.**, *sil.*, **SULPH.**, tub., verat., *verat-v.*



**Infants, pneumonia** - *acon.*, ant-c., **ANT-T.**, arn., *bell.*, *bry.*, calc., *carc.*, chel., *ferr-p.*, **IP.**, *kali-br.*, *kali-c.*, *lob.*, lyc., *merc.*, *nux-v.*, op., **PHOS.**, samb., seneg., **SULPH.**, tub.

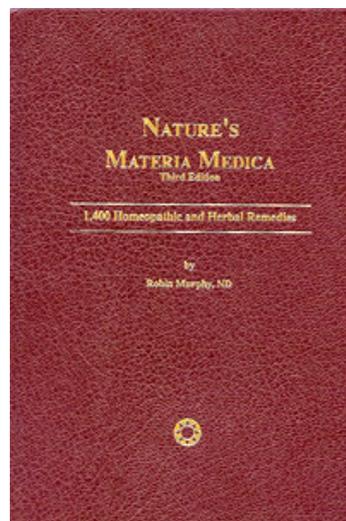
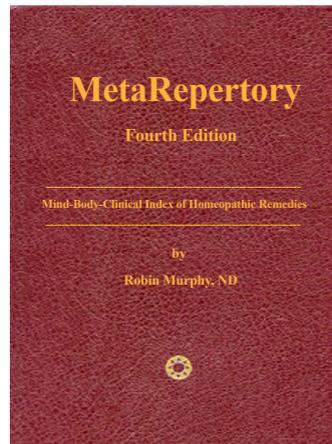


**Left, lung** - *acon.*, ant-ar., arn., asc-t., bac., bap., **BRY.**, *calc.*, calc-p., chel., *elaps.*, ferr-p., fl-ac., iod., *lach.*, laur., myos., myrt-c., *nat-s.*, *ox-ac.*, **PHOS.**, phys., *sang.*, seneg., stram., sulph., tub., tub-a., verat-v.  
lower lobe - asc-t., *chel.*, myos., *nat-s.*, ox-ac., sulph.  
upper - *acon.*, myrt-c., phys., tub-a.



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## 7. Pneumonia Homeopathic Repertory



**Neglected**, pneumonia - *am-c.*, ant-i., ant-s., **ant-t.**, ars., ars-i., aur., *bry.*, calc., calc-s., **carb-v.**, chin., hep., **kali-c.**, kali-i., kali-n., *lach.*, *lob.*, **LYC.**, nit-ac., **phos.**, plb., pyrog., **sang.**, **sep.**, **SIL.**, stann., sul-ac., **SULPH.**, tub., tub-a.

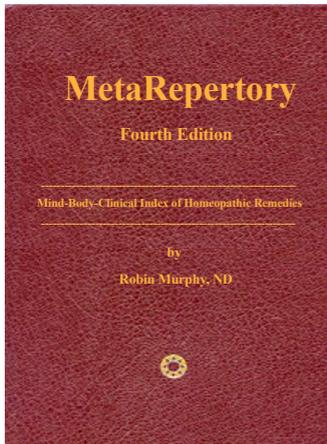
**Pleura-pneumonia** - ant-ar., **ANT-T.**, *asaf.*, **BRY.**, *calc.*, *camph.*, *caps.*, **carb-v.**, *chin.*, *dulc.*, *ferr.*, *hep.*, *iod.*, **kali-c.**, *kali-i.*, *lach.*, **PHOS.**, plb., ran-b., *rhus-t.*, samb., *seneg.*, sil., *sulph.*, tub., tub-a.

**Pulmonary, edema** - acet-ac., ald., *am-c.*, am-i, ant-ar., **ANT-T.**, **APIS**, **APOC.**, **ARS.**, ars-i., *asaf.*, *aspar.*, *aur-i.*, *aur-m.*, benz-n., beryl., bold., brass., **BRY.**, cadm-s., calc., cann-s., *canth.*, carb-ac., **carb-v.**, **carbn-s.**, chel., chin., chin-ar., coch., **COLCH.**, cortico., *crot-h.*, croto-t., *dig.*, *dulc.*, ferr-i., ferr-m., *fl-ac.*, **HELL.**, hydr., *hyos.*, *iod.*, *ip.*, jab., *kali-ar.*, kali-br., **KALI-C.**, *kali-i.*, *kali-p.*, kreos., kres., **LACH.**, *lact.*, laur., lat-m., **LYC.**, *merc.*, **MERC-S.**, mez., mur-ac., *nat-m.*, nit-ac., op., **phos.**, piloc., plb., *psor.*, pulm-v., puls., *ran-b.*, rat., *rhus-t.*, **sang.**, senec., *seneg.*, *sil.*, *spig.*, *squil.*, stann., stront-c., stroph., *sulph.*, *ter.*, thal., tub., uran., verat., **zinc.**



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## 7. Pneumonia Homeopathic Repertory



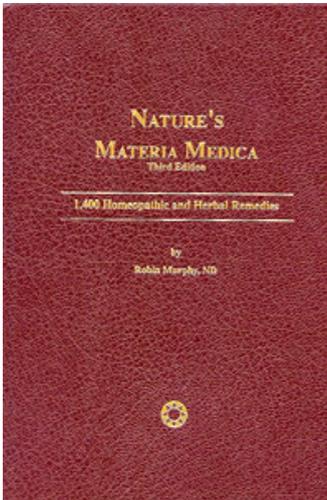
**Restlessness**, fever, with - **ACON.**, **ARS.**, *bapt.*, bell., ign., kali-ar., kali-c., phos., rhus-t., *pyrog.*  
cold, in lungs threatening pneumonia - *phos.*  
sleeplessness, with - *ars.*, ign., kali-ar., kali-c.



**Right**, lung - aeth., anis., ant-ar., **ANT-T.**, *ars.*, bac., *bell.*, *brom.*, bor., **BRY.**, calad., *calc.*, *carb-an.*, caust., *chel.*, *elaps*, fl-ac., iod., *kali-c.*, *kali-i.*, **LYC.**, *merc.*, nux-v., phel., *phos.*, *sang.*, squil., *stram.*, sulph., teucr., tub., tub-a.  
lower lobe - brom., iod., *kali-c.*, *merc.*, *phos.*  
upper lobe - **CALC.**, *chel.*, tub-a.

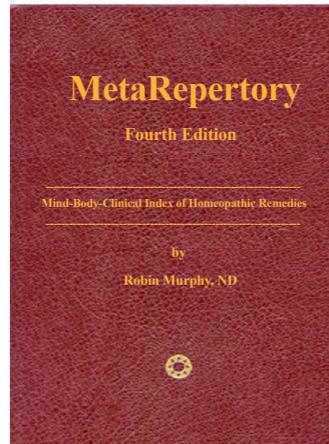


**S.A.R.S.**, severe acute respiratory syndrome - acon., ant-t., *ars.*, *bac.*, bapt., bell., *bry.*, camph., carb-v., carb-n-s., dulc., eup-per., gels., influ., ip., *kali-c.*, lach., laur., lyc., merc., op., *oscillo.*, *phos.*, pneu., pyrog., samb., *sang.*, seneg., spong., tub., *tub-a.*, verat., verat-v.



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## 7. Pneumonia Homeopathic Repertory



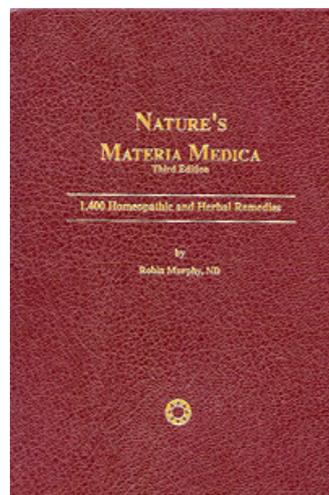
### Stages, of pneumonia

**congestive**, stage - *acon.*, aesc., bell., bry., *ferr-p.*, *iod.*, sang., *verat-v.*

**consolidation**, stage - ant-t., *bry.*, *iod.*, kali-i., kali-m., *phos.*, sang., sulph.

**invasion**, stage - **ACON.**, **BRY.**, chin., lach., lyc., *phos.*, sil., *sulph.*

**resolution**, stage - ant-s., *ant-t.*, ars., ars-i., carb-v., *hep.*, *iod.*, *kali-i.*, kali-s., *lyc.*, nat-s., *phos.*, *sang.*, sil., stann-i., *sulph.*



**Weak**, lungs - all-c., ambr., *am-c.*, ant-ar., ant-c., **ANT-T.**, aral., **ARS.**, **ARS-I.**, arum-t., **BAC.**, bapt., *bell.*, **BLATTA**, bry., *cact.*, *calad.*, **CALC.**, **CARB-V.**, carc., caust., **COCA**, coc-c., *cupr.*, cupr-acet., cupr-ar., *dig.*, *dros.*, ferr-p., *grin.*, hep., *ign.*, **IP.**, **KALI-AR.**, *kali-bi.*, **Kali-c.**, *kali-m.*, kali-s., lac-d., *lach.*, **LAUR.**, **LOB.**, *lyc.*, *med.*, *meph.*, **MERC.**, merc-i-r., *naja*, nat-ar., **NAT-S.**, nit-ac., nux-v., phel., **PHOS.**, plat., polyg., *psor.*, **PULS.**, **RUMX.**, sabad., **SAMB.**, sang., *seneg.*, **SIL.**, sin-n., **SPONG.**, *squil.*, **STANN.**, stroph., sulph., *sul-ac.*, ter., thuj., **TUB.**, *verat.*, verat-v.



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## 8. Natural Remedies for Pneumonia



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## 8. Natural Remedies for Pneumonia



### Sambucus Nigra: Elderberry Tonic

**Botanical Name** - Sambucus Nigra.

**Common Names** - Elderberry plant is also known as 'black elder', 'European elder', 'European elderberry' and 'European black elderberry'.

**Preparations** - Flowers. Berries. Jelly, Juice, Leaves. Tinctures. Syrups. Wine.

**Clinical** - Acne. Arthritis. Asthma. Bacterial, infections. Bladder, infection. **Bronchitis.** Cancer, **Colds.** **Congestion.** Constipation. **Coughs.** Diabetes. Eczema. Fatigue, Fevers. Headache, Heart, problems, **Infections.** **Influenza.** **Lung, disorders.** Macular degeneration. **Pneumonia.** Psoriasis. Rheumatism. **Respiratory, problems.** Sinusitis. **Sore, throat,** Ulcers, **Viral, infections.** Weight, loss, Yeast, infection.





## 8. Natural Remedies for Pneumonia



### BENEFITS OF ELDERBERRY



Helps in weight loss and boosts immune system

Reduces appearance of wrinkles and age spots

Aids in eliminating excess cholesterol from body

Eliminates constipation and boosts gastrointestinal system

Promotes bone strength and development of new bone tissues

Beneficial in reducing blood pressure and managing diabetes

Alleviates respiratory conditions such as cold and cough

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## 8. Natural Remedies for Pneumonia

### Sambucus Nigra: Elderberry Tonic Benefits



1. Can substantially reduce upper respiratory infection symptoms
2. Shown to shorten the duration and severity of cold and flu symptoms
3. Boosts the immune system by regulating cytokines
4. Contains antioxidants that fight pathogens and allergens
5. Contains anti-viral properties that fight infections

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## 8. Natural Remedies for Pneumonia



### Sambucus Nigra: Elderberry Tonic

**Anti-viral** - One of the most important health benefits of the elderberry stems from its **anti-viral capabilities**. These berries are a good source of **flavonoids including quercetin and the anthocyanins**. Elderberry also contains **lectins** which stop replication of ten different strains of the flu virus.

**Bronchitis** - Elderberry tea helps improve symptoms of bronchitis.

**Colds** - Elderberry is a **popular cold and flu remedy** and may help **improve immune function**, and elderberry extract can respiratory tract symptoms in people with colds. Elderberry may help to reduce the symptoms of cold and flu in some people by **reducing congestion**. Drinking a **tea** that has been made with elderberry extract can aid in **relieving many cold symptoms**, such as **coughing, fever, sore throat, headache and fatigue**.

**Congestion** - Elderberry extract is **effective in reducing mucus secretions** in the sinuses and **improving sinus drainage** that accompanies colds and allergies. One historical folk use of elderberry was to **reduce excessive phlegm and congestion**. Herbalists have used elderberry extract and tea to **help soothe and shrink swollen mucus membranes**, relieve **nasal congestion** and ward off infections that may lead to **bronchitis and sinusitis**.

**Influenza** - Elderberry extract may offer a **safe, natural alternative to treat influenza**. Elderberry has been shown to relieve symptoms such as **fever, fatigue, headache, sore throat, coughing and aching**, reducing the time necessary to recover. Elderberry extract **helped full recovery from flu symptoms in 3 days as opposed to 7 days** in patients who were not using the juice.

**Respiratory, infections** - Elderberry syrup makes **colds and other upper respiratory symptoms more tolerable** by reducing mucous secretions. Also, elderberries may fight swelling of the respiratory passages, which means less discomfort and trouble breathing and soothe a cough.

**Sinusitis** - Elderberry helps treat **bacterial sinusitis**, an infection more commonly known as a sinus infection. Elderberry products may help to increase the effectiveness of antibiotics for treating sinus infections.

**Sore, throat** - Syrup made from elderberries is said to **heal a sore throat and reduce fever** when you have the flu.

#### Elderberry Lemonade



#### Elderberry Wine



#### Elderberry Tea





## 8. Natural Remedies for Pneumonia



### Organic Elderberry Syrup

#### Ingredients:

2 cups organic elderberries (You can order these online or find them in the bulk section at the health food store)  
1 cinnamon stick  
4 cups filtered water  
Instant-Pot, Pressure Cooker or Soup Pot with Cover

#### Instructions:

Using the Inst'a Pot or a Pressure Cooker will keep flavor and nutrients from escaping, but if you only have a soup pot that works too!

Cook the elderberries for 20-35 minutes at a low simmer or pressure cook. When cool, strain out the berries, place them in a cloth and squeeze out the juice. Reheat and add some honey. Jar and label.

Drink 1 Tablespoon in warm water as a lovely evening tea! This will help boost your immune system and help keep you hydrated.



**Lotus Wellness Cottage: Recipes**

<https://www.lotuswellnesscottage.com/recipes--educational-videos.html>

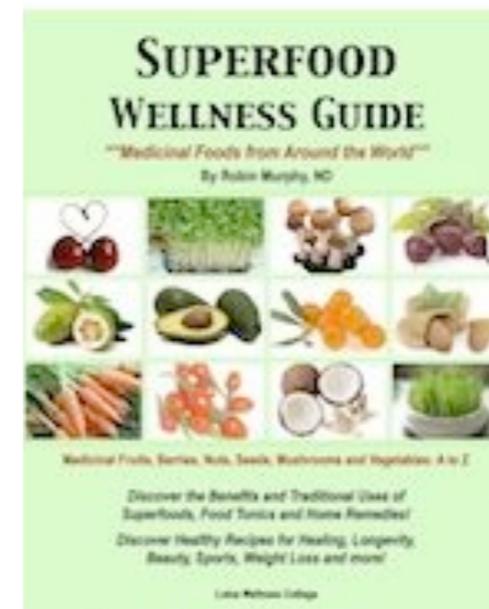
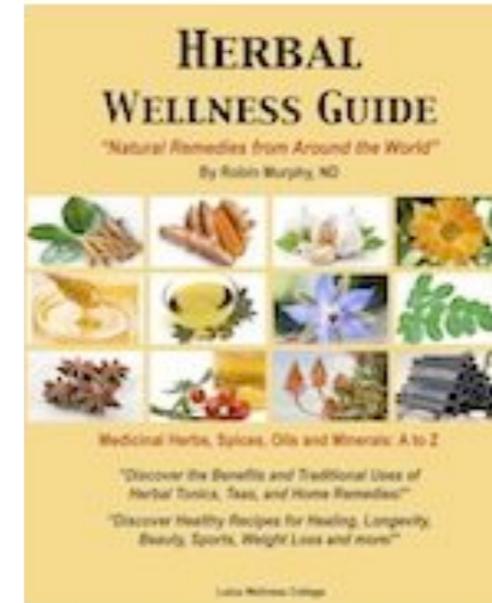
## 8. Natural Remedies for Pneumonia

### Herbal and Superfood Tonics

**Pneumonia, tonics** - Anise. Apple cider vinegar. Basil oil. Celery. Cinnamon. Echinacea. Elderberry. Eucalyptus oil. Frankincense. Holy basil. Honey. Lion's mane. Mustard. Olive leaf. Osha root. Peppermint oil. Pippali. Thyme. Turmeric. Yellow dock.

**Colds, tonics** - Anise. Apple cider vinegar. Basil. Basil oil. Bitter melon. Black cumin. Black pepper. Buckwheat. Cat's claw. Cayenne. Cinnamon. Cranberry. Baking soda. Dill. Dragon fruit. Echinacea. Elderberry. Eucalyptus oil. Fennel. Fenugreek. Frankincense. Galangal root. Garlic. Ginger. Grapefruit seed. Holy basil. Honey. Horseradish. Irish moss. Jujubes. Leeks. Lemons. Licorice. Limes. Mustard. Olive leaf. Onions. Osha root. Peppermint oil. Pineapple. Pippali. Rose hips. Siberian ginseng. Star anise. Star fruit. Stevia. Suma root. Tamarind. Thyme. Umeboshi. Wasabi. Yarrow. Yellow dock.

**Coughs, tonics** - Anise. Apple cider vinegar. Basil. Basil oil. Bitter melon. Black cohosh. Black cumin. Cardamom. Cinnamon. Dragon fruit. Elderberry. Eucalyptus oil. Fennel. Fenugreek. Frankincense. Galangal root. Ginger. Honey. Jujubes. Licorice. Osha root. Peppermint oil. Pineapple. Pippali. Rose hips. Schizandra. Star anise. Star fruit. Thyme. Turmeric. Vanilla. Wasabi. Watercress. Wild lettuce. Yellow dock.



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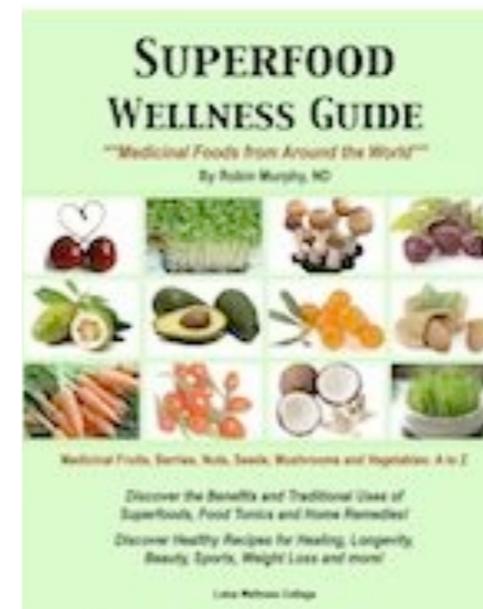
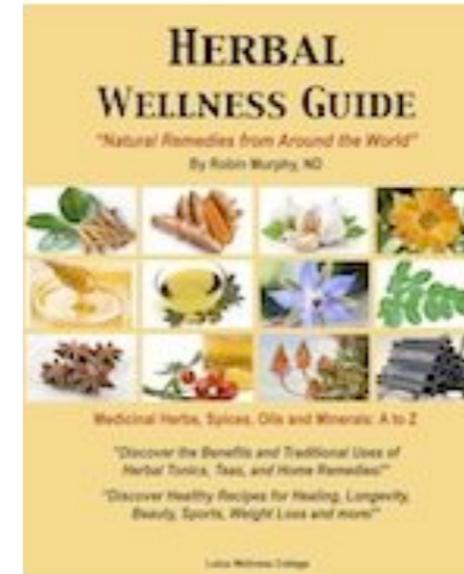
## 8. Natural Remedies for Pneumonia

### Herbal and Superfood Tonics

**Bacterial, infection, tonics** - Basil. Basil oil. Bitter melon. Cabbage. Cat's claw. Catuaba. Cayenne. Chaga. Cloves. Coconut oil. Cranberry. Dill. Dragon's blood. Echinacea. Elderberry. Frankincense. Galangal root. Garlic. Grapes. Holy basil. Honey. Horseradish. Hydrogen peroxide. Lavender oil. Lemons. Limes. Myrrh. Neem. Noni. Olive leaf. Onions. Oregano oil. Peppermint oil. Pumpkin seeds. Rosemary oil. Star anise. Stevia. Tea tree oil. Teasel root. Thyme. Wasabi. Yellow dock.

**Bronchitis, tonics** - Anise. Apple cider vinegar. Basil. Basil oil. Bitter melon. Black cohosh. Black cumin. Cardamom. Cinnamon. Cordyceps. Dragon fruit. Elderberry. Eucalyptus oil. Fennel. Fenugreek. Frankincense. Galangal root. Garlic. Honey. Hydrogen peroxide. Japanese knotweed. Jujubes. Licorice. Lion's mane. Lotus root. Oranges. Osha root. Peppermint oil. Pineapple. Pippali. Rose hips. Schizandra. Star anise. Star fruit. Suma root. Sweet potatoes. Thyme. Turmeric. Vanilla. Wasabi. Watercress. Yellow dock.

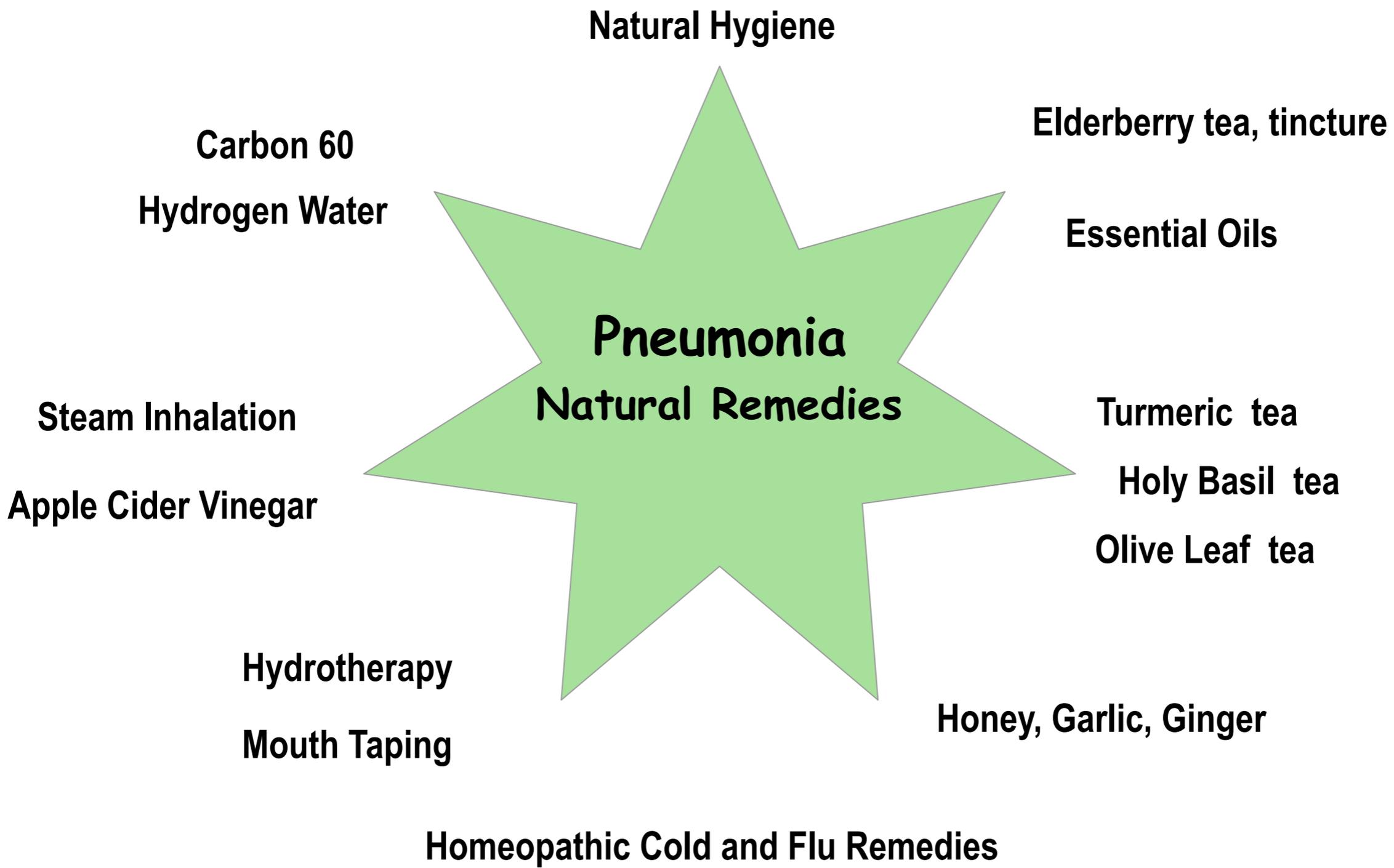
**Viral, infection, tonics** - Basil. Basil oil. Cabbage. Cat's claw. Catuaba. Cloves. Coconut oil. Dragon's blood. Elderberry. Fulvic acids. Garlic. Holy basil. Lemons. Olive leaf. Oregano oil. Pau D'arco. Reishi. St. John's wort. Star anise. Tea tree oil. Umeboshi. Zeolite.



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# 8. Natural Remedies for Pneumonia

Natural Remedies for Pneumonia prevention, treatment and recovery



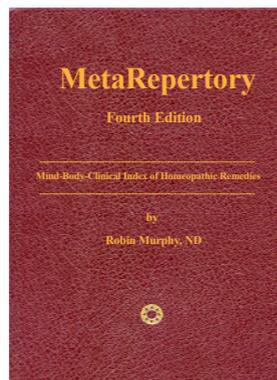
# 8. Natural Remedies for Pneumonia

## Lotus Health Institute Resources

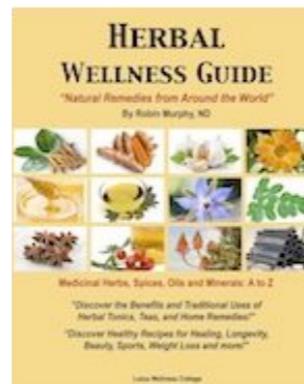
Homeopathic referrals for people in Hong Kong:  
Dr. Alexander Yuan, ND, Optimum Health Centre. [www.naturalhealing.com.hk](http://www.naturalhealing.com.hk).

[lotushealthinstitute.com](http://lotushealthinstitute.com)

[info@lotushealthinstitute.com](mailto:info@lotushealthinstitute.com)



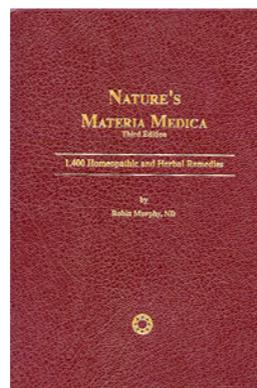
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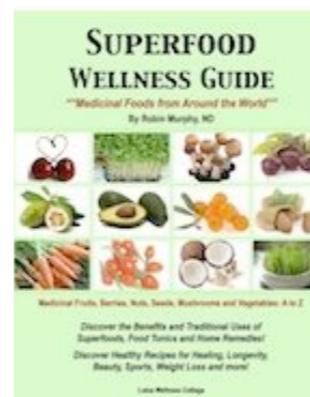
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